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ABSTRACT

This resource guide was created to help readers incorporate positive activities into their drug abuse prevention strategies. It highlights prevention materials for positive activities, identifies national organizations that focus on youth activities, and provides additional resources for more information. Categories of resources listed are: (1) "Prevention Materials"; (2) "Studies, Articles and Reports"; (3) "Groups, Organizations, and Programs"; (4) "National Prevention Groups." Contact information is provided for all resources; for the first three sections a description of each program or study with its mission or purpose is provided as well. (EMK)

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ED 424 524

May 1998

Substance Abuse and Mental Health Services Administration

Center for Substance Abuse Prevention

Substance Abuse Resource Guide

Positive Youth Activities

Our young people need adult involvement in their lives more than ever. We know that keeping youth busy through structured positive activities, such as sports, the arts, and community service, help to keep them drug-free. Researchers have examined the fun and educational things that youth have enjoyed for years—camping, collecting stamps, playing sports, and many others—only to discover that these activities are more than just fun, they also help prevent substance abuse. These activities also can provide safe, structured environments for youth and can teach them the skills to meet challenges they will face throughout life. Providing positive activities for youth consciously promotes their growth and purposely teaches them constructive, healthy ways to enjoy their free time. As an adult, you can make a difference by participating and supervising youth in fun and educational activities.

This resource guide was created to help readers incorporate positive activities into their drug abuse prevention strategies. The guide also highlights prevention materials for positive activities, identifies national organizations that focus on youth activities, and provides additional resources for more information.

Alcohol, tobacco, and drug problems affect the lives of millions of young people. *Let's Keep Our Kids Drug-Free!*

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The listing of materials or programs in this resource guide does not constitute or imply endorsement by the Center for Substance Abuse Prevention, the Public Health Service, the Substance Abuse and Mental Health Services Administration, or the Department of Health and Human Services. The materials have been reviewed for accuracy, appropriateness, and conformance with public health principles.

This Substance Abuse Resource Guide was compiled from a variety of publications and data bases and represents the most current information to date. It is not an all-inclusive listing of materials on this topic. This guide will be updated regularly, and your comments or suggestions are welcome. To suggest information or materials that might be included in future editions, please write to the National Clearinghouse for Alcohol and Drug Information (NCADI), P.O. Box 2345, Rockville, MD 20847-2345.

Produced by the National Clearinghouse for Alcohol and Drug Information, Adele Marley, editor.

For further information on alcohol, tobacco, and illicit drugs, call 1-800-729-6686, 301-468-2600, or TDD 1-800-487-4889. Or visit us on our World Wide Web site at http://www.health.org.

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Prevention Materials

Across Ages: An Intergenerational Mentoring Approach to Drug Prevention: Program Replication Manual

Organization: Temple University Center for Intergenerational Learning
Year: 1995
Format: Manual; 30 pages
Target Audience: Prevention Professionals, Community Service Groups, and Educators
Availability: Temple University Center for Intergenerational Learning 1601 N. Broad Street, Room 206, Philadelphia, PA 19122; 215-204-6970; $75.00

Across Ages is an intergenerational approach to drug prevention for 6th graders who attend middle schools in three diverse neighborhoods of Philadelphia, PA. The primary focus of the program is to establish nurturing and supportive mentoring relationships between older volunteers and these students at high risk. Evaluation results have indicated significant positive outcomes on a number of mid-term and long-range resiliency factors among students.

Creating Lasting Connections

Organization: Council on Prevention and Education of Substances
Year: 1995
Format: VHS Videotape
Target Audience: Prevention Professionals, Community Service Groups, and Parents
Availability: 1228 East Breckinridge Street, Louisville, KY 40204; 502-583-6820; $29.95

Creating Lasting Connections (CLC) is a prevention program focusing on increasing protective factors and decreasing risk factors associated with substance use within youth ages 12-14, their families, and their communities. This ecumenical church-based program targets youth who are at high-risk. After church and community members are recruited and trained, they form advocate teams. These teams, in turn, recruit and support youth and their families. Part 1 of this videotape outlines the three phases of CLC: (1) community readiness; (2) substance abuse issues, parenting skills, and communications skills; and (3) family followup. Part 2 takes a detailed look at each phase of the program: community, program training for parents and youth, and family followup.

Mentoring Programs for Urban Youth: Handle With Care

Organization: Northwest Regional Educational Laboratory
Year: 1992
Format: Book
Target Audience: Community Service Groups and Educators
Availability: Northwest Regional Educational Laboratory, 101 S.W. Main Street, Suite 500, Portland, OR 97204; 503-223-8079

This book provides detailed information about mentoring programs for urban youth. In addition, it describes the research foundation, and examines the mentoring relationship.

Prevention Works! How To Make It Work in Your Community

Organization: Center for Substance Abuse Prevention
Year: 1995
Format: VHS Videotape
Target Audience: Prevention Professionals, Community Service Groups, Health Care Providers, and Employers
Availability: National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847-2345; 1-800-729-6686; cost recovery fee $12.50.

This videotape presents successful prevention programs that can be adapted for other communities' use. Some of the programs from throughout the United States include: "Across Ages" (see previous page); "Shake-a-Leg," a program in Newport, RI, which helps young people with disabilities realize their potential and helps prevent substance abuse; and "TEDI" (The Entrepreneurial Development Institute) in Washington, DC, which helps young people develop their own businesses.

To Learn and To Lead: A Cross-Age Mentoring Program for High School Activity Participants

Organization: National Federation of State High School Associations
Year: 1993
Format: Booklet; 16 pages
Target Audience: Educators for Grades 8 through 12 and Sr. High Youth
Availability: National Federation of State High School Associations, P.O. Box 20626; 11724 NW Plaza Circle, Kansas City, MO 64195-0626; 816-464-5400; $4.95 each with shipping and handling of $4.00 on orders of up to $25.00 and $6.00 on orders over $25.00

This publication discusses program components that high schools can follow to establish a variety of mentoring programs for athletes and other students. Specific activities that high schools are using to interface positively with the community are provided. The goal is to help students become better citizens.

Youth-Reaching-Youth Implementation Guide: A Peer Program for Alcohol and Other Drug Use Prevention

Organization: National Resources Center for Youth Services
Year: 1991
Format: Three-ring binder; 271 pages
Target Audience: Prevention Professionals and Educators
Availability: National Resource Center for Youth Services, 202 West 8th Street, Tulsa, OK 74119; 918-585-2986; $29.00

This manual is an implementation guide for community leaders and educators who are interested in setting up a Youth-Reaching-Youth peer education program. The manual contains administrative information, tips on program planning and evaluation, a section on program implementation, a core training section for youth volunteers, a training section for specific alcohol and drug use prevention activities, and a lengthy resource list.

Studies, Articles, and Reports

Effectiveness of Positive Activities in General

Adolescent Drug Use and Leisure Activity

Agnew, R.

Drug Use in America: Social, Cultural, and Political Perspectives, pp. 87-95. P.J. Venturelli (Ed.), Boston, MA: Jones and Bartlett Publishers, 1994.

(Available from Jones and Bartlett Publishers, One Exeter Plaza, Boston, MA 02116;1-800-832-0034; webmaster@jbpub.com)

This article looks at whether—as often claimed by policymakers—providing leisure/recreation opportunities will reduce drug use. Using data from a survey of 600 adolescents in a major metropolitan area, the authors discovered that the determining factor is not leisure activity per se, but the amount of time spent in organized leisure activity supervised by adults. The findings suggest that such organized leisure activities as sports and other club memberships occupy only a small proportion of the adolescent's time. The total amount of time spent engaged in such activities is small, and thus does not curtail drug use. This finding is based on the fact that the largest proportion of adolescent leisure time is spent on passive unsupervised activities, such as watching television—activities that are more likely to be accompanied by drug use.

Alternatives Approach: What Is It? Is It Any Good?

Carmona, Maria G.; Stewart, Kathryn

Prevention Pipeline May/June 1996, Vol. 9 No. 3, pp. 1-3.

(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847-2345; 1-800-729-6686; e-mail: info@health.org)

Providing alternatives has become one of the most widely implemented prevention strategies. Alternative programs are quite simply alcohol-, tobacco-, and drug-free activities. The alternatives approach can be embedded in a variety of organizational structures, and specific programs can include an immense range of activities. Often more than one type of alternative activity is offered in a single program. Preliminary research findings—based on culturally specific designs—suggest that programs that attempt to teach participants about their own ethnic history and cultural traditions are attractive to participants and effective in several respects. Alternative programs try to: promote skills, knowledge, and attitudes that can cause participants to refrain from future alcohol and drug use; provide meaningful involvement in prosocial activities; occupy free time that might otherwise be idle or unstructured; provide adult supervision or the development of positive relationships with adults; and provide opportunities to interact with pro-social peers. Nine types of programs are delineated: alternative events programming; athletic and other recreational alternatives; adventure-oriented alternatives; alternatives based on culturally specific

models; alternatives consisting of entrepreneurial ventures; alternatives aimed at youth who are at high-risk; alternatives promoting community service and service learning; alternatives consisting of creative or artistic activities; and community drop-in centers.

Drug Prevention in a Community Setting: A Longitudinal Study of the Relative Effectiveness of a Three-Year Primary Prevention Program in Boys and Girls Clubs Across the Nation

St. Pierre, T.; Kaltreider, D.; Mark, M.; Aikin, K.

American Journal of Community Psychology 20(6):673-706, 1992

(Available from Plenum Publishing, 233 Spring Street, New York, NY 10013; 212-620-8000)

This study was conducted to test the effectiveness of a youth drug prevention program in a community setting. Boys and Girls Clubs of America's Stay SMART program, adapted from a school-based personal and social competence drug prevention program, was offered, with and without a 2-year booster program, to 13-year-old members of Boys & Girls Clubs. Over 27 months, (a) 5 Boys & Girls Clubs offered the Stay SMART program, (b) 5 Boys & Girls Club offered the Stay SMART program with the booster programs, and (c) 4 Boys & Girls Clubs served as a control group. The Stay SMART program alone and the Stay SMART program with the booster programs showed effects for marijuana-related behavior, cigarette-related behavior, alcohol-related behavior, overall drug-related behavior, and knowledge concerning drug use. The Stay SMART program with the booster programs produced additional effects for alcohol attitudes and marijuana attitudes after each year of booster programs. Results suggest that a school-based personal and social competence program can be adapted effectively to a community setting and that booster programs can enhance program effects. Implications for alternative community models of prevention are discussed.

Great Transitions: Preparing Adolescents for a New Century

(Available from the Carnegie Corporation of New York, P.O. Box 753, Waldorf, MD 20604-0753; 301-645-2742; $10.00; Abridged version free; 1995)

Early adolescence, encompassing the sexual awakenings of puberty as well as new social and educational demands, is an age of particular vulnerability. The institutions that have the greatest influence on young adolescents are families, schools, communities, health care organizations, and the media. This report of the Carnegie Council on adolescent development urges these institutions to adapt to the impact of a modern, high tech, pluralistic society in ways that meet the requirements for healthy adolescent development. These institutions have fallen behind in their vital functions and must now be strengthened in their respective roles and linked in a mutually reinforcing system of support for adolescents. They must work single-handedly and in concert to launch all young people on a successful life course. The report offers recommendations to: (1) re-engage parents with their adolescent children; (2) create developmentally appropriate schools for adolescents; (3) develop health-promotion strategies for young adolescents; (4) strengthen communities with young adolescents; and (5) promote the constructive potential of the media. The report also offers suggestions on how businesses, universities, scientific and professional organizations, and government can help these institutions. Much of the current spending for adolescence could achieve better results if funds were redirected toward fundamental, comprehensive approaches.

Chapter 8 of this report focuses on high amount of discretionary time and time spent by youth without adult supervision. There are more than 17,000 national and local youth organizations that can help provide structured activities as well as adult supervision and a feeling of being connected to the community. A few successful programs are highlighted and the other Carnegie report, *A Matter of Time: Risk and Opportunity in the Nonschool Hours*, is abstracted in this guide.

A Matter of Time: Risk and Opportunity in the Nonschool Hours

(Available from the Carnegie Corporation of New York, P.O. Box 753, Waldorf, MD 20604-0753; 301-645-2742; $13.00; Abridged version free; 1992)

This report offers conclusions and recommendations from a 26-member Task Force on Youths Development and Community Programs. Community-based youth development organizations represent a valuable national resource. Forty percent of youth's time is discretionary, and participating in community programs provides youth with enriching and rewarding experiences, and gives them a feeling of belonging. The programs also offer youth opportunities to socialize, guidance on setting and achieving goals, and assistance to learn new skills. Communities must build networks of affordable, safe, accessible, and challenging youth programs that both appeal and respond to the diverse interests of young adolescents. These community programs should: (1) tailor their program content and processes to the needs and interest of young adolescents; (2) recognize, value, and respond to the diverse backgrounds and experiences of young adolescents; (3) extend their reach to underserved adolescents; (4) actively compete for the time and attention of young adolescents; (5) strengthen the quality and diversity of their adult leadership; (6) reach out to families, schools, and a wide range of community partners in youth development; (7) enhance the role of young adolescents as resources in their community; (8) serve as vigorous advocates for and with youth; (9) specify and evaluate their programs' outcomes; and (10) establish strong organizational structures, including energetic and committed board leadership. Profiles of 20 national organizations that were active participants in the task force are given at the end of the report.

Review of Alternative Activities and Alternative Programs in Youth-Oriented Prevention. CSAP Technical Report No. 13

(Available from the Center for Substance Abuse Prevention, 5600 Fishers Lane, Rockwall II Bldg., Rockville, MD 20857; call 1-800-729-6686 for a free copy;1996)

Alternative activities programs for the prevention of alcohol and drug abuse among youth include programs and events that are free of alcohol, tobacco, and illicit drugs, and for which participation is voluntary. These activities are likely to include one or more of the following elements: promotion of skills, knowledge, or attitudes that might cause participants to refrain from future alcohol and drug use; use of free time that might otherwise be idle or unstructured; community service and other activities that provide meaningful involvement in prosocial activities; opportunities to interact with prosocial peers; and adult supervision or the development of positive relationships with adults. In many cases, these alternative programs do not include substance abuse-related content. The appropriateness and effectiveness of alternatives approaches depend in part on the target population and the nature of the alternatives offered. More intensive programs seem

to be most effective. Alternatives should incorporate skill-building components into program design. Alternatives should be one part of a comprehensive prevention plan, including other strategies with proven effectiveness. Alternatives provide a natural and effective way of providing prevention services to youth at high risk. Alternatives can be part of a comprehensive prevention effort in a community, serving to establish strong community norms against substance abuse.

Study To Determine the Effect of Extracurricular Participation on Student Alcohol and Drug Use in Secondary Schools

Cooley, V.E.; Van Nelson, C.; Thompson, J.C.

Eric Reports

October 1992

(Available from Dyncorp, 7420 Fullerton Road, Suite 110, Springfield, VA 22153-2852; 703-440-1400 or 1-800-443-3742; service@edrs.com; $12.37)

Researchers surveyed students in grades 5 through 12 to determine the effects of extracurricular participation on student drug and alcohol use in secondary schools. The students surveyed participated in athletics, government/clubs, and music/drama. Data were collected from 5,639 students from 4 Midwestern schools in suburban/rural settings. The findings revealed that more than 70 percent of the students were involved in one or more extracurricular activities. Twenty-four percent of students in grades 5-12 were involved in athletics, 6.3 percent in government/clubs, and 13.5 percent in music/drama. Twenty-eight percent reported involvement in more than one activity during the school year. Non-participation was greatest in the 12th grade with more than 33 percent of students indicating they did not participate in extracurricular activities. Students were surveyed in reference to use of tobacco, alcohol, marijuana, stimulants and depressants, inhalants, hallucinogens, over-the-counter drugs, and cocaine. Results of the study suggest that extracurricular participation was a factor in reducing student experimentation and use of tobacco, alcohol, and drugs. Students who participated in extracurricular activities were less likely to use drugs than their counterparts who did not participate. Experimentation and use varied with the type of activity.

The Troubled Journey: A Portrait of 6th-12th Grade Youth

(Available from Search Institute, Thresher Square West, Suite 210, 700 South Third Street, Minneapolis, MN 55415; 612-376-8955; www.search-institute.org; $10.00 plus $5.50 shipping & handling; 1993)

This report is a composite look at public schools in the first 111 communities that conducted a 152-item survey entitled "Search Institute Profiles of Student Life: Attitudes and Behaviors" through the RespecTeen program. RespecTeen is a nationwide effort aimed at helping parents, adolescents, schools, youth-serving agencies, congregations, and communities to work together in promoting positive youth development. RespecTeen is a program of Lutheran Brotherhood, a fraternal benefit society based in Minneapolis, MN. The survey was conducted to find how well the following vision for positive youth development was being met: (1) surrounding all children with networks of care, support, and control; (2) nurturing within children the kinds of positive commitments, values, and social competencies needed for positive development; (3) insulating young people from abuse, neglect, indifference, poverty, and hunger; (4) promoting a prosocial disposition through encouraging and rewarding personal

involvement in helping others; and (5) preventing health compromising, future jeopardizing behavior choices. The research presented introduces working definitions for assets, deficits, at-risk behavior, and prosocial behavior. The research also describes differences in grades 6-12, gender, and race/ethnicity in these constructs; and identifies relationships among the constructs, with particular emphasis on explaining how external and internal assets are linked to preventing 20 kinds of at-risk behaviors.

What Makes Drug-Free Schools Work?

Education Digest
October 1992. pp. 46-49
(Available from Prakken Publications, 275 Metty Drive, P.O. Box 8623, Ann Arbor, MI 48107; 313-769-1211; ededit@cyberzaneinc.com; $6.00)

The U.S. Department of Education (DoE) sponsors the Drug-Free School Recognition Program to nationally acknowledge successful substance abuse strategies. The article describes criteria that all winning schools incorporate into their approach. The DoE and other sources suggest that good drug prevention programs provide resources and skills for accurate and age-appropriate information, basic communication skills, decision-making and problem-solving skills, assertiveness training, refusal skills, consumer education, stress management and reduction, and self-confidence development. It was noted that knowledge itself does not lead to prevention; integrating social skills with factual information is more effective. The National Commission on Drug-Free Schools has identified two effective types of programs. One combines "positive peer influence with specific skills training," and the other kind of program provides "positive alternatives to drug use." The Commission concludes: "Although alternative programs are intensive and costly, they do change the drug use behavior of nearly implacable high-risk populations."

Using Positive Activities in Prevention

Building Resiliency: What Works!

(Available from the National Assembly of National Voluntary Health and Social Welfare Organizations, 1319 F Street NW, Suite 601, Washington, DC 20004; 202-347-2080; www.nassembly@nassembly.org; $11.95 plus $3.00 shipping & handling; 1994)

The use of youth development programs as a tool for preventing alcohol and drug abuse by young people is explored. The guide presented is a collaborative effort between government officials, policymakers, researchers, youth service providers, and youth themselves. The guide discusses both the prevention of negative risks in a young person's life and the promotion of positive outcomes for youth in their development. It is not enough to prevent problems from occurring; the absence of problems does not guarantee positive growth. The growth of youth must be consciously promoted, thereby enabling them to develop the knowledge, skills, attitudes, and aptitudes to address the many obstacles they may encounter through life. Six essential elements for success are detailed: (1) a comprehensive strategy with clear mission and goals; (2) committed, caring, professional leadership; (3) youth-centered activities in youth accessible facilities; (4) culturally competent and diverse programs; (5) youth ownership and involvement; and (6) a positive focus including all youth. In addition, what doesn't work in alcohol and drug prevention programming with youth is discussed. The relationship between youth development and community-

wide prevention strategies is examined. Practical examples of what works are presented based on programs with positive outcome evaluations.

CSAP Prevention Community Partnerships: Promising Ways To Prevent Alcohol, Tobacco, and Other Drug Problems

(Available from the Center for Substance Abuse Prevention, 5600 Fishers Lane, Rockwall II Bldg., Rockville, MD 20857; 1-800-729-6686;1995)

Partnerships have launched a wide array of alcohol, tobacco, and drug prevention activities closely tailored to the needs of their target communities. The Center for Substance Abuse Prevention's (CSAP) Community Partnership Demonstration Program has developed partnerships that strengthen communities, families, schools, and workplaces. Community partnerships develop strategies and carry out activities in such areas as information outreach and dissemination, education, developing alternatives, problem identification and referral, community mobilization, and environmental change. Working with all sectors of the community, partnerships play a major role in reducing the overwhelming costs of health care that are related to substance abuse. Some promising practices from the Community Partnership Demonstration Program are highlighted. The top 10 partnership activities include: alternative programs; community forums; team building; technical assistance; media campaigns; school-based prevention; parent education; training programs; festivals or events; and education programs. Some of the products developed by partnerships include press releases, newsletters, brochures, training materials, posters, videos, and directories of prevention services.

Everybody's Business: Drug-Free Schools and Communities

Center for Substance Abuse Prevention

(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847-2345; 1-800-729-6686; e-mail: info@health.org. Cost recovery fee $24.95)

These training videotapes are part of a series of five interactive training sessions. Among the program participants are J. David Hawkins and former surgeon general Antonia C. Novello. Session one, "Is it Everybody's Business?" examines alcohol, tobacco, and drug use by young people and presents information on risk and protective factors. Session two, "When Prevention Becomes Intervention," shows how to ascertain when youth are experiencing problems and explains how to support and assist them. Session three, "Healthy Beliefs and Clear Standards," shows ways to use healthy beliefs and clear standards to provide young people with consistent prevention messages. Session four, "Proactive Prevention: Building Resiliency in Youth," introduces the social development strategy for implementing two key protective factors against use: healthy beliefs and clear standards and bonding. Session five, "Practically Speaking," examines youth service as one way to offer young people opportunities for meaningful involvement. Included with the videotapes is a workbook that contains a lecture summary and activities keyed to each session.

L-Evated: Blunt Truth (Issues of Importance to Any Anti-Marijuana Campaign)

(Available from MEE Productions, Inc., Urban Education Foundation Building, 4601 Market Street, Philadelphia, PA 19139; 215-748-2595; e-mail: meeprod@aol.com; 1995; $125.00)

To enhance the marijuana intervention efforts of youth service providers and communications campaigns, Motivational Educational Entertainment (MEE) conducted qualitative focus group interviews. Youth participants were recruited from predominantly low-income, single-parent families; many lived in public housing communities. In addition to the focus groups, MEE referenced secondary research on urban youth issues and held in-depth discussions with youth service professionals who are dealing with the same issues and target population. This report identifies five key contemporary issues that contribute to escalating marijuana use among urban youth, especially African Americans: peer pressure and acceptance; change in attitudes; supply and demand; media consumption and TV/media images; and lack of information to make decisions. It highlights current trends in marijuana use within the urban youth culture and outlines how that use affects youth behavior. The report concludes that mainstream anti-marijuana campaigns, while providing an overall approach to the problem, will not be equally effective with this subculture. The report recommends developing a research-based communications strategy that provides alternative lifestyles, such as participating in athletics, performing meaningful community service, or preparing for a future career through paid internships or job training. MEE proposes additional communications research that will examine the attitudes, motivations, and perceptions of urban youth in regard to marijuana use; identify effective anti-marijuana communication strategies and messages; generate ideas for disseminating and re-enforcing anti-marijuana messages; and generate the detailed content of those media messages. Appendixes present focus group findings on attitudes toward substance use, a literature review, and a bibliography.

Novel Drug Abuse Prevention Ads Get Strong Response From High-Sensation Seekers

Mathias, R.

NIDA Notes, July/August 1995, pp. 1, 5-6

(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org)

A National Institute on Drug Abuse-funded study shows that novel drug abuse prevention messages can capture the attention of high-sensation-seeking young adults and get them to consider alternative activities. Working with focus groups of young adults who scored high on a standard sensation-seeking scale, researchers at the University of Kentucky developed a series of anti-drug television ads that contained stimulating characteristics designed to appeal to their target audience. The ads aired over a 5-month period in 1992 during television programs that high-sensation seekers indicated they preferred to watch. The ad gave a toll-free phone number that viewers could call to get a booklet that described activities such as bungee jumping. Random surveys showed that 16- to 25-year-olds who scored in the upper 40 percent of a standard sensation-seeking scale were more likely to recall the campaign ads than other anti-drug ads.

Novelty Seekers and Drug Abusers Tap Same Brain Reward System, Animal Studies Show

Mathias, R.

NIDA Notes, July/August 1995, pp. 1, 4

(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org)

NIDA-funded research at the University of Kentucky and Indiana University shows that the search for

novel experiences activates the brain's reward system in the same way that drugs of abuse do. Individuals who constantly seek new and exciting experiences are more likely to abuse drugs than are individuals who have less need for novel stimulation. This research suggests that novelty could substitute for and reduce drug use behavior among sensation-seeking humans.

An Overview Of Current Prevention Strategies and Their Relative Effectiveness

Falco, M.

In: Action Strategies for the 90's, The Great Lakes Leadership Conference on Substance Abuse Prevention, 1990

(Available from Dr. Kenneth Warner, University of Michigan, Ann Arbor, MI 48109-2029; 313-936-0934)

The author provides an overview of prevention efforts on the national and State level. The author believes that prevention has been a low priority, and that efforts have primarily focused on law enforcement. This has been especially true at the national level, with the focus on interdiction. In the last 4 or 5 years, the prevention community has learned a lot about what does and does not work. Eighty percent of prevention resources have been invested in schools, with the focus on primary prevention. Prevention specialists can refine a drug-specific or comprehensive health curriculum to have an impact on children as they start adolescence, which is believed to be the key intervention point. The author reviews school- and home-based prevention programs in New York City and discusses the initial success of alternative activities programs and workplace-based prevention programs.

Reconnecting Youth and Community: A Youth Development Approach

(Available from the National Clearinghouse on Families & Youth, P.O. Box 13505, Silver Spring, MD 20911-3505; 301-608-8098; fax: 301-608-8721; e-mail: info@ncfy.com; free; 1996)

This book was created to assist youth services professionals as they help communities shift from a problem-focused approach for serving youth to a community-youth involvement model designed to capture the talents, abilities, and worth of every young person. The youth development approach avoids the pitfalls inherent in categorical youth services programming. Through this approach, young people are offered a wide range of services as well as opportunities to mature, develop leadership skills, and get involved in their own communities. The first chapter discusses the shift to the youth development approach; the second chapter focuses on youth development at the local level; the third emphasizes rebuilding communities, which is the key to youth development; and the fourth chapter describes how to design a youth development campaign. Two appendices are included: a self-assessment tool for leadership qualities and an organizational assessment questionnaire for implementing a youth development approach. One very important resource included is a list of 53 youth development publications, working papers, reports, commissioned papers, and journal articles—each is accompanied with the following information: authors' names, publication year, publishers, addresses, and phone numbers. Readers will find a wealth of information on contributing to positive youth development.

Special Populations: Triumph of the Alkali Lake Indian Band

Taylor, V.
Alcohol Health and Research World
12(1):57, 1987
(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org)

At the 18th Annual Medical-Scientific Conference of the American Medical Society on Alcoholism and other Drug Dependencies in April 1987, a presenter told the story of an Alkali Lake Indian community's struggle from being a 100 percent alcoholic to becoming almost 100 percent abstinent. The community has adopted prevention tactics to encourage youth within the community to abstain. Alternative activities targeted to youth include camping, horseback riding, and trail blazing.

We Are Resourceful: A Community Problem-Solving Resource Kit for Young People

United Way of America
(Available from Sales Service America; 3680 Wheeler Avenue, Alexandria, VA 22304; 703-212-6300; $10.00 plus $5.00 shipping & handling; 1993)

This book is written for teenagers and encourages them to get involved and make a difference in their communities. It is well designed to capture their interest and provides many samples, examples, and stories of what other youth have accomplished. *We Are Resourceful* gives eight steps for teens to follow and describes in detail how they can accomplish these steps. Youth first need to get to know themselves, then build a team, research their community's strengths and weaknesses, design their strategy and create an action plan, raise funds, take action, evaluate their accomplishments, and, tell the world about the good they have done. A glossary is provided to describe words such as "empowerment," "diversity," "needs assessment and capacity," and "youth who are at risk." Included is a resource directory that lists 22 organizations that link youth with community service.

Youth's Recreation and Drug Sensations: Is There a Relationship?

Cato, B. M.
Journal of Drug Education
22(4):293-301, 1992
(Available from Baywood Publishing Co., Inc., 26 Austin Avenue, P.O. Box 337, Amityville, NY 11701; 516-691-1270 or 800-638-7819; e-mail: Baywood@Baywood.com)

Adolescents' social behaviors remain a mystery to parks and recreation providers. Adolescence is a high-risk time for all youth in terms of experimenting with potentially health-compromising behaviors, whether they be alcohol, drugs, or sex. Most of these antisocial behaviors occur during adolescents' leisure time. These inferences gave impetus to this research effort. The study was designed to ascertain information on adolescents' preferences for pleasure: drugs or recreation. Data were collected from a sample of 100 high school students from a medium-sized college town, and 100 students from a rural town in Florida. Findings revealed four statistically significant associations in the motives or pleasures sought in recreation and in drug behaviors: enhancement of popularity, provision of a means for self-discovery, achievement of a personal goal, and means to rebel against parents. In reference to the latter motive, findings revealed that neither drugs nor recreation were used to rebel against parents. Findings also provide documentation of the value of recreation in insulating adolescents against many of the stressors of contemporary life.

Specific Positive Activities

An Alcohol and Drug Education Needs Assessment Survey Among 4-H Youth in Isolated, Rural Northeast Nevada

Smith, M.G.; Hill, G.C.
Journal of Alcohol and Drug Education 40(1):69-88, 1994
(Available from Alcohol and Drug Problems Association of North America, P.O. Box 10212, Lansing, MI 48901-0212; 517-484-2636)

Data assessing the extent of drug and alcohol use among 4-H members were collected in fall 1990 from 255 youth in a 3-county area of rural northeastern Nevada. The results were compared to a similar survey conducted in local schools by the Nevada State Department of Education. No statistically significant differences were found between 4-H members' drug and alcohol use and other students in the school survey. Seventy percent of the 4-H members indicated that 4-H had made a difference in their attitudes about drug and alcohol use. Yet, school was the most reported source of their current information about drugs and alcohol. Recommendations for 4-H programs that want to implement contemporary programs are included.

Art Works! Prevention Programs for Youth and Communities

National Endowment for the Arts/Center for Substance Abuse Prevention; 1997
(Available from the National Clearinghouse on Alcohol and Drug Information; P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org)

This book describes a variety of prevention programs that use art in their activities to reach youth who are at risk and promote harm reduction and prevention messages. The National Endowment for the Arts and the Center for Substance Abuse Prevention produced this collection of model programs operating at the community level. These alternative activity programs have dramatic impact on the communities in which they operate. Artistic expression helps young people learn and improve communication skills. The arts supply a constructive outlet for dealing with confusion, frustration, and a chaotic environment. Programs include a range of components and disciplines, including playwriting, African-centric art, youth culture music, improvisational and musical theater, creative writing, and traditional culture.

Boys and Girls Clubs in Public Housing Developments: Prevention Services for Youth at Risk

Schinke, S. P.; Orlandi, M. A.; Cole, K. C.
American Journal of Community Psychology
OSAP Special Issue. pp. 118-128, 1992
(Available from the Uncover Co., 3801 East Florida, #200, Denver, CO 80210; fax: 303-758-5946; $12.95 plus $15.00 copyright fee)

This article describes and evaluates the impact of Boys and Girls Clubs recently installed in residential public housing developments. Because most prevention interventions to date have been school-based, this study marks a development in prevention interventions for problem behavior among youth who are at high risk. The evaluation compares sites without Boys and Girls Clubs to sites with both previously and recently installed Boys and Girls Clubs. The results show that public housing developments with Boys and Girls Clubs have less drug-related activity, measurably fewer damaged and unoccupied units, and increased parental involvement in youth activities.

Effects of Boys and Girls Clubs on Alcohol and Other Drug Use and Related Problems in Public Housing: Demonstration Study Sponsored by the Office Of Substance Prevention

(Available from the Boys and Girls Clubs of America, 1230 W. Peachtree Street, NW, Atlanta, GA 30309; 404-815-5758; 1991)

Public housing sites with Boys and Girls Clubs have a lower degree of evident drug activity and alcohol and drug use than sites without clubs. That is the finding of a comparative study that evaluated the effects of Boys and Girls Clubs on youth living in public housing. Focused on alcohol and drug use, and delinquency and vandalism, the study involved 15 public housing developments in a representative sample of U.S. cities. For years, the evaluation team compared rates of alcohol and drug use and related problems among three groups of youth living in public housing. The first group did not have access to Boys and Girls Clubs; the second group had access to newly established clubs with a core program and a comprehensive alcohol and drug prevention program known as SMART Moves; and the third group had access to older, existing clubs with a core program that may have included alcohol and drug prevention programs. An outside team of researchers gathered qualitative and quantitative outcome data using a standard interview protocol. The team polled local community leaders, housing authority administrators and residents, and school and police officials to learn the extent of problems and the effects of Boys and Girls Clubs. They also examined crime statistics in each project and observed the environment for graffiti, vandalism, and other noteworthy findings. The evaluation concluded that the clubs exert a positive and palpable influence on the human and physical environment of the sites. Youth with access to the clubs participated in healthy and constructive educational, social, and recreational activities and are less involved in deviant activities than youth with no access to a Boys and Girls Club.

Making a Difference: An Impact Study of Big Brothers Big Sisters

(Available from Public/Private Ventures, One Commerce Square, 2005 Market Street, Suite 900, Philadelphia, PA 19103; 215-557-4465; e-mail: ppv@epn.org; $7.50; 1995)

Researchers conducted this study to provide scientifically reliable evidence that mentoring programs can positively affect young people. Research was conducted at local affiliates of Big Brothers Big Sisters of America (BB/BS), the oldest, best-known, and probably the most sophisticated mentoring program in the country. The BB/BS programs currently maintain 75,000 active matches between volunteer adults and youngsters.

In the study, researchers looked at 959 10- to 16-year-olds who applied to BB/BS programs in 1992 and 1993. Half of these youth were randomly assigned to a treatment group, for which BB/BS matches were made or attempted; the other half were assigned to BB/BS waiting lists. After 18 months the two groups were compared. Participants in the BB/BS program were less likely to start using drugs and alcohol; were less likely to hit someone; had improved school attendance, work performance, and personal attitudes toward completing schoolwork; and had improved peer and family relationships. The report describes the BB/BS program, the research design, the sample youth and volunteers, and the impact on youth of having a Big Brother or Big Sister.

New Programs Nurture Young Black Men

Grant, D.
IBCA Scope
Winter 1993. pp. 1-2
(Available from African American Family Services/IBCA, 1041 Selby Avenue, St. Paul, MN 55104; 612-642-0021)

A 1990 study by a Washington, DC-based agency called the Sentencing Project found that on any given day, one of four African American men aged 20-29 years is under State supervision—either awaiting trial, in prison, on probation, or on parole. The situation is not much different for younger African American males. It is contended that racism alone cannot account for this phenomenon; this crisis is a combination of race and economic circumstance. It is suggested that real solutions will come when research focuses on how low-income parents are managing to raise their children successfully.

The programs that respond to 10- to 14-year-olds work on nurturing and creating supportive environments. The programs provide activities that focus on mentoring, rites of passage, and team building. They also offer academic preparation and career learning. Successful programs provide young African American males with a sense of alternative community. San Francisco's Omega Boys Club takes an affirmative approach toward young males, many of them African American, who are involved in gangs and drugs. The program works on the premise that these youth want a way out of their circumstances and would take it if they had a chance. The "way out" offered is academic achievement and a shot at college. The director of the program also hosts a weekly radio call-in show called "Street Soldiers" that advises youth seeking clues to surviving San Francisco's and Oakland's mean streets. The Omega Club started with 15 members and has grown to more than 300, with 110 club grads having gone on to colleges around the country, all of them financed by the club's scholarship fund.

Part of the Solution: Creative Alternatives for Youth

National Assembly of State Arts Agencies
1010 Vermont Avenue, Suite 920
Washington, DC 20005; 1995
(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org)

This publication shares the success stories from communities that artists, arts organizations, and community groups make in the lives of children and their families. Some of the programs presented in this book are: Ailey Camp in Baltimore, MD, where children attend a dance camp and learn discipline and self-confidence; and Project Bridge, in Houston, TX, where children in public housing developments gain self-confidence as they develop their artistic skills. Involving children in the arts as an alternative activity is explored in this book.

Peer Participation in Project Northland: A Community-Wide Alcohol Use Prevention Project

Komro, K.A.; Perry, C.L.; Veblen-Moretenson, S.; Williams, C.L.
Journal of School Health
64(8):318-322, 1994
(Available from the American School Health Association, P.O. Box 708, Kent, OH 44240; 216-678-1603)

The rationale, conceptual framework, and program components of a peer participation program for prevention of alcohol use among young adolescents are discussed in this paper. The peer participation program was one component of Project Northland, a community-wide program that seeks to prevent or delay onset of alcohol use

among a cohort of young adolescents. The peer participation program, implemented in 20 northeastern Minnesota schools when students were in seventh grade, consisted of student groups who planned supervised, alcohol-free activities for themselves and their classmates. Program goals included (1) providing peer leadership and social support for non-use of alcohol, (2) creating opportunities for alternative behaviors to alcohol use, and (3) creating a norm of non-use among young adolescents.

Prevention Works! A Case Study of Alternative Programs

Center for Substance Abuse Prevention

(Available from the National Clearinghouse for Alcohol and Drug Information, P.O. Box 2345, Rockville, MD 20847; 1-800-729-6686; e-mail: info@health.org. Cost recovery fee $12.50)

This videotape shows an alternative program, "Rope Not Dope," that has provided some inner-city girls with an alternative to using drugs. The program trains girls in the skill of Double Dutch Jump Rope. The girls become part of a team which won a national championship. One girl on the team holds the record for the fastest jumper. As a result of this one girl's experiences with the program, she graduated from high school at the age of 16 and is attending college. The videotape lists the important factors of programs that succeed in giving young people an alternative to drug use.

Promising Approaches in the Prevention of Underage Drinking: Final Report

(Available from the National Association of Governors' Highway Safety Representatives, 444 North Capitol Street, NW, Suite 530, Washington, DC 20001; 202-624-5300;1995)

There has been some success both in preventing underage drinking and in preventing alcohol-related crashes, though these problems continue to challenge highway and traffic safety, law enforcement, and alcohol and drug prevention professionals. Alcohol-related fatalities of persons between 15 and 20 years old declined by more than 55 percent between 1982 and 1993, yet in 1993, almost 16 percent of the drivers in that age range involved in fatal crashes were legally intoxicated. The report examines underage drinking prevention initiatives in 10 different communities in 10 different States. The report discusses North Dakota's network of community traffic safety programs. This program was chosen because it demonstrates how a State highway safety agency and a single State authority for alcohol and drug abuse can achieve the common objective of supporting local alternative activities with no duplication of effort. The report also examines "Athletes Helping Athletes in New York," a mentoring and education program in 30 Long Island school districts. The New York program was selected because it features professional athletes, has extensive youth involvement, and has a 14-year history of self-sufficiency through multi-based funding. New Jersey's alcohol- and smoke-free residential facilities and entertainment centers are included in this report because the centers are at the core of a unique initiative to prevent underage drinking among college students. Massachusetts' State-initiated Alcohol Awareness Seminars were chosen for their focus on detection of underage patrons and on liability protection. Virginia has an intergovernmental initiative directed by the State highway safety agency. Virginia was selected because it is at the national forefront in detecting the use of fraudulent identifications through its use of digitized imaging for drivers' licenses. Washington State's media campaign is featured because it targets the parents of young children, challenging them to talk to their children about alcohol while

they are young. The Maryland Underage Drinking Prevention Coalition is highlighted for its incorporation of a variety of strategies to reduce underage drinking. California has a program called Teenwork that is profiled because it has a long history as a successful statewide youth conference. Teens participate in both the planning and implementation of the conference. Teamwork has been used successfully as a model for similar conferences. Minnesota's Alcohol Decisions program is included for its long history of using peer-to-peer, cross-age teaching strategies to foster healthy decisionmaking in teens. And finally, Ohio's None for Under 21 was selected because it is a flexible public information campaign that can be inserted within local community prevention programming, or it can be used as an independent campaign.

Turning Point: Creative Ways To Combat Drug and Alcohol Abuse

(Available from Rotary International; check your local telephone book)

Prevention is the best way to reduce drug abuse and to reduce the demand for drugs. The ability to reduce drug use is most evident in the case of smoking. The percentage of smokers has dropped sharply in countries that have banned advertising, curtailed consumption in public places, increased taxes on cigarettes, and adopted other restrictions. In some countries, alcohol consumption is leveling off or even decreasing. This is due to health concerns and lifestyle changes, in part because of prevention programs, alcohol taxes, higher minimum drinking age limits, and new laws aimed at drivers who drink. Illegal drug use among youth has decreased in some countries, notably those with school prevention programs. Rotary International adopted a 10-year drug and alcohol prevention emphasis in 1992. Rotary clubs are working to increase awareness among members and the broader community about local drug and alcohol abuse programs, to undertake or support drug and alcohol abuse prevention programs that focus on instilling positive values and self-esteem in young people, and to support local family-based drug and alcohol abuse treatment programs. To develop a drug abuse treatment or prevention project, the following suggestions are offered: (1) become informed about drug abuse and prevention; (2) promote community awareness of drug abuse and prevention; (3) offer assistance to drug treatment and rehabilitation agencies; (4) support alcohol and drug abuse prevention programs in schools; (5) create exciting alternatives to drug-taking by young people; and (6) reach out to groups who are not getting needed services. Some club and district projects to combat drug abuse are described, new project ideas are suggested, and resources to assist Rotary clubs are provided.

Groups, Organizations & Programs

The Aerobics and Fitness Association of America (AFAA)

Address: 15250 Ventura Blvd., Suite 200, Sherman Oaks, CA 91403
Telephone: (800) 446-AFAA
Fax: (818) 990-5468
E-Mail: afaa@pop3.com
http://www.afaa.com

The Aerobics and Fitness Association of America (AFAA) is dedicated to the development of fitness professionals with careers committed to enhancing the physical, mental, and overall optimal wellness of every patient and client. AFAA is the world's largest fitness educator providing fitness and health information, consumer campaigns, and fitness products. Youth services include providing exercise guidelines for youth fitness and developing educational cards that address sports, exercise, and nutrition for youth.

American Junior Golf Association (AJGA)

Address: 2415 Steeplechase Lane, Roswell, GA 30076
Telephone: (770) 998-4653
Fax: (770) 992-9763
E-Mail: AJGA@aol.com
http://www.ajga.org

The American Junior Golf Association (AJGA) is dedicated to the development of young men and women through competitive junior golf. The purpose of the AJGA is to provide positive life experiences for aspiring junior golfers through competitive golf while setting high standards to preserve the integrity and traditions of the game. This is a national organization with a series of 40 national junior golf tournaments. The organization gives exceptional junior golfers the opportunity to develop and showcase their competitive skills. Membership is open to male and female junior golfers, ages 18 or younger, who are not currently attending college. Juniors may become members before their 13th birthday; however, they must be 13 years of age to participate. The tournaments run from Easter weekend to the beginning of September. The organization hosts two all-girl tournaments, ages 13 through 18, during the year and three all-boy tournaments a year. It also hosts 35 tournaments for both boys and girls.

The American Legion

Mailing Address: PO Box 1055, Indianapolis, IN 46206
Street Address: 700 N. Pennsylvania, Indianapolis, IN 46206
Telephone: (317) 630-1212
Fax: (317) 630-1369
E-Mail: tal@iguest.net
WWW: http://www.legion.org

The American Legion is an organization of veterans that serves other veterans and their communities. Their motto is "all children deserve a home, health, education, and opportunity." The national organization has 55 State headquarters and more than 14,500 local community-based posts nationwide. The American Legion serves preschool through high school students, and offers prevention and education, child safety, child welfare, and temporary financial assistance

services. American Legion Baseball, Boys State, and Boys Nation are the organization's gender-specific programs.

American Red Cross

Address: 8111 Gatehouse Road, 2nd Floor, Falls Church, VA 22042-1203
Telephone: (703) 206-7410
Fax: (703) 206-8375
E-Mail: whitey@usa.redcross.org
Youth focused site: www.redcross.org/youth/
Public web site: www.redcross.org

The American Red Cross is a humanitarian organization run by volunteers and guided by its congressional charter and the fundamental principles of the international Red Cross movement. The Red Cross provides relief to victims of disaster and helps people prevent, prepare for, and respond to emergencies. Red Cross services are provided at the local level by Red Cross chapters located in more than 1,350 communities throughout the United States. The organization provides leadership development, health and safety education, disaster relief education, international services, Armed Forces Emergency Services (AFES), biomedical services, and innovative community services tailored to the community's needs. Local chapters provide additional services as needed. The programs are geared to a variety of ages, from elementary school children through adults. Most programs are ongoing; some are camps that operate during the summer. Families and youth may be involved in some of the programs. Some projects target ethnic groups such as the African Americans and Hispanic HIV/AIDS program. Some programs are offered in languages other than English. Each program and line of service has its own objectives which include providing education, information, skills development, and service delivery. A youth catalog outlines all the Red Cross publications. Costs of individual programs vary.

American Youth Soccer Organization (AYSO)

Address: P.O. Box 5045, Hawthorne, CA 90251-5045
Telephone: (310) 643-6455
Fax: (310) 643-5310
E-Mail: cathy@ayso.org
WWW: http://www.ayso.org or www.soccer.org

The American Youth Soccer Organization (AYSO) develops and delivers quality youth soccer programs that build character through participation in a fun, family environment based on the AYSO philosophies: make sure everyone plays; have balanced teams; provide open registration; support positive coaching; and encourage good sportsmanship. The program helps children develop a positive self-image, self-confidence, and other positive character traits. This is a national organization providing services to local soccer leagues. Services include computerized registration, volunteer training, health insurance, publications, accounting, and legal aid. Soccer players are between the ages of 4 and 18. Year-round activities include soccer league play, tournaments, clinics, and training for coaches and referees. There is a Go-Get-Her program to increase girls' participation, which has girl-only tournaments and women-only clinics for referees and coaches. Girls represent approximately 38 percent of membership. The national membership fee is $8 per player; local fees vary from program to program. A variety of publications are available including *Soccer Now, In Play, AYSO Shorts, Play it Safe*, and the *ABC's of AYSO*.

The ASPIRA Association, Inc.

Address: 1444 I Street NW, Suite 800, Washington, DC 20005
Telephone: (202) 835-3600
Fax: (202) 835-3613
E-Mail: ASPIRA1@aol.com
WWW: http://www.incacorp.com/ASPIRA

ASPIRA empowers Latino and Puerto Rican youth through a community-based leadership development program. The program operates in various cities throughout the United States, including New York, NY; Newark, NJ; Philadelphia, PA; Chicago, IL; Miami, FL; Bridgeport, CT; and Rio Piedras, PR. Programs offered include internships, a health careers program, a math and science initiative, and two parent involvement programs. Youth of all ages and their parents are invited to participate in the year-round programs, which teach youth to be aware of their current situation, analyze its consequences, and take action to make positive changes in their personal lives and their communities. Approximately 25,000 youth and parents are served.

Association of Jewish Sponsored Camps, Inc.

Address: 130 East 59th Street, New York, NY 10022
Telephone: (212) 751-0477
Fax: (212) 755-9183
http: www.jewish.camps.org/aboutus.html

The Association of Jewish Sponsored Camps provides information on Jewish camping opportunities for children, senior adults, and special needs populations. Children 6 years of age and older may participate. Orthodox Jewish camps serve either boys or girls only; all other camps are co-educational. The camps provide an opportunity for children and teenagers to appreciate their Jewish heritage and participate in sports, arts and crafts, theater, and other areas of interest.

Association of Youth Museums

Address: 1775 K Street, NW, Suite 595, Washington, DC 20006
Telephone: (202) 466-4144
Fax: (202) 466-4233
E-Mail: aymdc@aol.com
WWW.childrensmuseum.org/gaymbout.htm

The Association of Youth Museums endeavors to expand the capacity and further the vision of youth museums. This is a national, professional membership organization for youth museums across the United States. The membership includes museums that provide programming and exhibits for children and youth in their communities. The members offer school programs, family programs, weekend programs, and summer programs for children of all ages. Publications include a membership brochure, a publications brochure, and a conference program.

Athletes Against Drugs (AAD)

Mailing Address: 180 North LaSalle, Suite 3800, Chicago, IL 60601
Telephone: (312) 263-4618
Fax: (312) 263-4777

Athletes Against Drugs (AAD) helps youth build clean bodies and strong minds through educational alternative activities and caring adult relationships. This national organization offers educational curriculum, membership clubs, and linkages to healthy alternative activities for ages 9 through 18.

Big Brothers Big Sisters of America

Address: 230 North 13 Street, Philadelphia, PA 19107
Telephone: (215) 567-7000
Fax: (215) 567-0394
E-Mail: VWBBBSA@aol.com
WWW: WWW.BBBSA.org

Big Brothers Big Sisters of America (BB/BS) arranges one-on-one mentoring relationships between a caring adult and a child between 7 and 18 years of age. Flexible approaches to mentoring are developed by each local agency. The project objective is to place a caring adult volunteer into the life of a child who is at-risk, who is often from a single-parent family, and who is in need of a boost to his/her self-esteem. The program offers an opportunity for a child to reach his or her highest potential and meet the challenges of childhood and adolescence. The Big Brother or Big Sister becomes a friend, confidant, and mentor. The relationship provides a child with an increased sense of belonging, and often leads to enhanced communication skills and improved performance at home, in school, and within the community. Publications include the *Quick Facts* fact sheet, *High School Volunteers*, and *College Volunteers*.

Boy Scouts of America (BSA)

Mailing Address: P.O. Box 152079, Irving, TX 75015-2079
Street Address: 1325 West Walnut Hill Lane, Irving, TX 75038
Telephone: (972) 580-2000
Fax: (972) 580-2502
http://www.bsa.scouting.org

The Boy Scouts of America (BSA) serves communities by helping to instill values in young people and prepare them to make ethical choices during their lifetime. These decisionmaking skills will help youth to achieve their full potential. Each autonomous local council is chartered by the BSA, which provides program and training aids, and guidelines established by the national Executive Board and a national charter from Congress. Tiger Cubs is a school-year program for first grade (or 7-year-old) boys and their adult partners. The program stresses simplicity, shared leadership, community knowledge, and family understanding. Each boy/adult team meets for family activities, then twice a month all teams meet for Tiger Cub den activities. Cub Scouting is a family- and home-centered program for boys in the second through fifth grades (for 8-, 9-, and 10-year-olds). Fourth and fifth grade (or 10-year-old) boys are called Webelos Scouts (We'll be Loyal Scouts) and they participate in more advanced activities that begin to prepare them for Boy Scouts. Boy Scouting is a program for 11- through 17-year-old boys designed to help boys achieve the aims of scouting through a vigorous outdoor program and peer group leadership with the counsel of an adult Scoutmaster. Varsity Scouting is an active, exciting program for young men, ages 14 through 17, built around five program fields of emphasis: advancement, high adventure, personal development, service, and special programs and events. Finally, Exploring is designed for young men and women, ages 14 through 20. Exploring helps these young people gain insight into a variety of programs that affect leadership training, fitness, outdoor, services, and career hands-on experiences. Many summer programs are available to Scouts including summer camps, camporees, and summer jamborees.

Boys and Girls Clubs of America

Address: 1230 W. Peachtree Street, NW, Atlanta, GA 30309
Telephone: (404) 815-5758
Fax: (404) 815-5789

The Boys and Girls Club movement is a nationwide affiliation of local autonomous organizations and Boys and Girls Clubs of America that work together to help youth of all backgrounds with special concern for those from disadvantaged circumstances. The programs are designed to help children and adolescents develop the qualities needed to become responsible citizens and leaders. The organization serves

ages 6-18. The clubs recognize the diverse physical, emotional, cultural, and social needs and interests of girls and boys. As such, the clubs offer diverse program activities in six areas: personal and educational development, citizenship and leadership development, cultural enrichment, health and physical education, social/recreational, and outdoor and environmental education. Local Boys and Girls Clubs offer day camp programs and/or residential camp programs. Boys and Girls Clubs has developed the SMART girls program exploring many issues of development for girls. Local Boys and Girls Clubs have a wide array of cultural and ethnic celebrations. The fees vary according to the individual Club. Publications include *Boys & Girls Clubs Save Lives...and You Can Help* (brochure) and the National Programs (brochure).

Boys Hope/Girls Hope

Address: 12120 Bridgeton Square Drive, Bridgeton, MO 63044
Telephone: (314)298-1250
Fax: (314)298-1251
E-Mail: BoysHope-GirlsHope@Charitiesusa.com

Boys Hope/Girls Hope helps children who are hurt or at-risk, yet academically capable, to realize their potential by providing value-centered family-like homes and quality education through college. Homes are located in Baton Rouge, LA; Chicago, IL; Cincinnati, OH; Denver, CO; Detroit, MI; Jacksonville, FL; Las Vegas, NV; New Orleans, LA; New York, NY; Cleveland, OH; Orange County, CA; Phoenix, AZ; Pittsburgh, PA; St. Louis, MO; Guatemala; Ireland; and Brazil. Clients range in age from 9-22; the college students generally stay on campus. Services are provided year-round, offering support to children through live-in houseparents and volunteers. The summer program, Project Challenge, is a comprehensive academic program with intensive summer and school year sessions, year-round counseling, and family advocacy. Project Challenge serves junior high school students from schools with a high concentration of low-income families. Various ethnic activities are held in the homes, such as cooking ethnic meals and tracing the family tree. These activities are conducted to increase children's awareness of their own roots as well as to educate them on the various cultures so that they may develop a deeper appreciation for diversity. Students learn to recognize their responsibility to honor the dignity of every individual person. They are challenged to mature as "persons for others" and are able to define success by their religious services and service to community. Clients do not pay for these services. Boys Hope/Girls Hope publishes a quarterly newsletter and a promotional brochure.

Camp Fire Boys and Girls

Address: 4601 Madison Avenue, Kansas City, MO 64112
Telephone: (816) 756-1950
Fax: (816) 756-0258
E-Mail: info@campfire.org
WWW: http://www.campfire.org

Camp Fire Boys and Girls exists to provide, through informal education, opportunities for youth to realize their potential and function effectively as caring, self-directed individuals. National Camp Fire provides coeducational programming for youth up to 21 years old through 130 councils in 41 States. Youth centered programs include club programs, camping and environmental programs, self-reliance courses, child care, and youth leadership opportunities. All programs operate year-round. Camp Fire is committed to cultural diversity. Camp Fire empowers youth to realize their potential and to take action that will improve their lives. Youth set the direction for programs and work side-by-side with adults. All outcomes for Camp Fire programs are based on the developmental assets as

defined by the Search Institute. Publications include Camp Fire catalog, *A Gift of Giving* brochure, other Camp Fire brochures, and an annual report.

Civil Air Patrol

Address: 105 South Hansell Street, Maxwell AFB, AL 36112-6332
Telephone: (334) 953-7568
Fax: (334) 953-6699
E-Mail: disaacson@cap.af.mil
http://www.cap.af.mil

The mission of the Civil Air Patrol is to voluntarily use its resources to meet emergencies, encourage aerospace education to the general public, and motivate young men and women with the ideals of leadership and service through aerospace education and training. The Civil Air Patrol is the official non-profit civilian, voluntary auxiliary of the U.S. Air Force. The services are utilized throughout the United States. The CAP Cadet Program is designed for young men and women between the ages of 12 and 21. Cadets receive aircraft orientations (including flights), aerospace and leadership training, and emergency services training. Cadets become part of local squadrons who meet and conduct activities year-round. Cadets participate in many activities including encampments, powered and glider encampments, AF space command familiarization, space camp/aviation challenge, ground search, and rescue school. Adults are strongly encouraged to become involved in the program as senior members who facilitate training and coordinate activities. Cadets participate in a wide range of training and develop self-discipline and leadership skills which will follow them into any career path. The cadet program of the Civil Air Patrol is usually a stepping stone into a military service career. The cadet program costs $36 for the first year and $20 per year thereafter.

Congress of National Black Churches, Inc. (CNBC)

Address: 1225 Eye Street, NW, Suite 750, Washington, DC 20005
Telephone: (202) 371-1091
Fax: (202) 371-0908

The CNBC builds capacity in local churches across the United States and provides services to children, families, and the community. The CNBC developed and administers Project SPIRIT, a church-based after-school program for children ages 6-12. This 10-month program follows the school schedule. Project SPIRIT uses approaches that focus on the target population. While the approaches are flexible for any cultural group, emphasis is placed on African American children. The program fosters social, emotional, intellectual, and spiritual development in children. The children who participate are better prepared to function in their roles as family, make good community members, and become better students. The CNBC publishes material directed to Project SPIRIT program staff.

Disabled Sports USA

Address: 451 Hungerford Drive, Suite 100, Rockville, MD 20850
Telephone: (301) 217-0960
Fax: (301) 217-0968
E-Mail: dsusa@dsusa.org
http://www.dsusa.org/~dusa/glance.html

Disabled Sports USA is a nonprofit organization providing sports and recreation services to children and adults with disabilities. The organization ensures that disabled persons have access to sports, recreation, and physical education programs from the preschool through college level to elite sports levels. This national organization has 80 community-based chapters across the United States. The organization publishes and distributes

educational materials and implements sports programs. The programs are seasonal and serve persons of all ages. A variety of "learn to" programs introduce disabled persons to sports. Training and certification of professionals assures that fitness, recreation, sports, and physical education programs include people with disabilities.

Elk's Drug Awareness Program

Address: 246 Beaver Point, Dadeville, AL 36853
Telephone: (205) 825-4690
Fax: (205) 825-4422
E-Mail: amilwid@worldnet.att.net
http://www.elks.org/drugs

This program offers drug awareness and education to parents of children in the 4th through 9th grades. Educational material is distributed to both children and their parents. The program operates at a national, State, and local level; it is funded and administered nationally, but materials are developed locally through a State super structure run by volunteers. Financial support and training are offered to local schools, churches, and parent-based organizations year-round. The Elks Program operates in tandem with other agencies and organizations. To date, more than 125 million pieces of educational material have been distributed and 50 million youth have benefited from these services. The Elks have reproduced the Center for Substance Abuse Prevention's *Tips for Teens* booklet for the past 3 years.

Girls Incorporated

Address: 30 East 33rd Street, New York, NY 10016-5394
Telephone: (212) 689-3700
Fax: (212) 683-1253
E-Mail: Schechterg@aol.com
WWW: http://www.girlsinc.org

Girls Incorporated is a national youth organization dedicated to helping girls become strong, smart, and empowered. The organization offers innovative programs to help girls overcome traditional societal messages, gender barriers, and limitations. The organization helps girls reach intellectual fulfillment and physical health. The ultimate goal is for each girl to attain independent, successful, and complete lives. This national organization has approximately 130 affiliates and 900 sites throughout the country serving about 350,000 girls. Each site offers similar programs in accordance with the curriculum and the mission of the organization. Operation Smart is a science and math technology program. Girls Re-Cast TV is an educational program in media literacy. Friendly PEERsuasion is a substance abuse prevention program for girls. Preventing Adolescent Pregnancy is a sexuality education program for girls. Discovery is the leadership development program. Each of these year-round programs and activities is geared toward 8- to 18-year-olds. The summer course, Eureka, is conducted on college campuses. This course introduces middle school girls to five program areas: science, math, sports, personal development, and career orientation. Most of the programs are free and some charge a nominal fee. Publications include *Operation SMART* (fact sheet); *Tips for Raising Financially Savvy Girls* (fact sheet); *Girls' Bill of Rights* (fact sheet); *Helping Girls Become Strong, Smart, and Bold* (fact sheet); *Friendly PEERsuasion Program* (fact sheet); *Girls Re-Cast TV* (fact sheet); *Preventing Adolescent Pregnancy* (fact sheet); *Sporting Chance Program Series* (fact sheet); *Urban Girls Initiative* (fact sheet); *Girls and Substance Use* (fact sheet); *Catalog of Materials*; and the *Annual Report*.

Girl Scouts of the U.S.A.

Address: 420 Fifth Avenue, New York, NY 10018
Telephone: 1-800-223-0624
http://www.gsusa.org

The Girl Scouts of the U.S.A. dedicates itself to the purpose of inspiring girls with the highest ideals of character, conduct, patriotism, and service so that they may become happy and resourceful citizens. This a national organization with council affiliates located in all of the States. The movement offers girls from all segments of American life a chance to develop their potential, make friends, and become a vital part of their community. Through activities that stimulate self-discovery, girls are introduced to science, the arts, the outdoors, and people. Girls grow in skill and self-confidence. Girl Scouts of the U.S.A. is open to all girls ages 5 through 17. Three goals—values, leadership, and diversity—permeate every aspect of Girl Scouting in every segment of the country. Publications include *Girl Scouting—It Works!* booklet, *Girl Scouting Program* booklet, and the *Girl Scouts Against Smoking.*

Inner-City Games (ICG)

Address: 1460 4th Street, Suite 300, Santa Monica, CA 90401
Telephone: 310-458-4411
Fax: 310-458-9711

The mission of Inner-City Games is to provide opportunities for inner-city youth to participate in sports, educational, cultural, and community enrichment programs; to build confidence and self-esteem; to encourage youth to say "no" to gangs, drugs, and violence and to say "yes" to hope, learning, and life. Services are national but delivered locally through city ICG organizations. Youth services include a variety of sports clinics; events and competitions; leadership training; opportunities in art, dance, and culture; Jr. Broadcasters; and entrepreneurial activities. The services are for youth ages 7-18.

Some events are offered to youth and their families. Some sports activities are gender specific, some are coed. Services are free to eligible young people.

The service or program objective is to impact positively as many inner-city youth as possible and to teach hard work, discipline, team player skills, goal setting, and respect for the body. The outcome of our programs are an increase in the number of inner-city youth that stay in school, achieve goals, and become productive adults.

Publications include the *ICGF Quarterly* and a press kit.

Junior Achievement (JA)

Address: One Education Way, Colorado Springs, CO 80906
Telephone: (719) 540-6280
Fax: (719) 540-6119
E-Mail: nbrown@JA.org
http://www.ja.org

Junior Achievement (JA) educates and inspires young people to value free enterprise, business, and economics as a means to improving their lives. JA provides quality educational programs from the national level that are implemented through State and local area offices. Economic literacy education programs are coordinated in school or through the community and the programs are designed for youth in grades K through 12. JA convenes national conferences, but local activities are determined through area offices. The programs involve students, mentors, business leaders, educators, and community leaders. All programs are highly diversified and provide opportunities for youth to apply classroom learning to economic development activities within their communities.

Just Say No International

Address: 2000 Franklin Street, Suite 400, Oakland, CA 94612
Telephone: (510) 451-6666 ext. 24, (800) 258-2766
Fax: (510) 451-9360
E-Mail: john@justsayno.org
http://www.justsayno.org

The Just Say No International organization is a leader in empowering children, ages 8 through 18, to lead healthy, productive, and drug-free lives. The organization offers innovative, research-based programs that promote academic achievement, social development, and emotional and physical well-being. Just Say No International is a charitable organization with a network of regional offices and voluntary local programs, that are supported by contributions. Just Say No's second generation program, Youth Power, recognizes young people as the Nation's most vital resource. It shifts the prevention focus from risk to resiliency. Youth Power has been developed to foster young people's resiliency by drawing on and encouraging the skills and attributes that allow them to cope with challenges and adversity. More than 25,000 Just Say No Clubs exist in all 50 States and 12 foreign countries. Dozens of Youth Power community-based programs are currently underway in all environments—from middle-class neighborhoods to inner-city public housing projects to rural communities. In Denver, CO, youth ages 12 to 15 obtained blueprints of the Denver Opera House and built a large scale replica of the historic building. When it was completed, the replica was donated to a Denver public park. Elementary school children in Oakland, CA, asked seniors in a public housing project what they needed. The seniors, many of whom were home-bound, said they wanted to see flowers around their project instead of concrete. The children raised the money to plant gardens throughout the housing project.

Just Say No International offers information assistance and consultation, training, national promotion, evaluation, and a complementary public education and outreach campaign. The Just Say No Transitions program helps young people move through often-difficult transitions from grade school to junior high and from junior high to high school. The Peer Tutoring project promotes academic achievement and commitment to education. The CommUnity Service project promotes personal and social responsibility.

Little League Baseball, Inc.

Mailing Address: PO Box 3485, Williamsport, PA 17701
Street Address: Rt. 15, South Williamsport, PA 17701
Telephone: (717) 326-1921
Fax: (717) 326-1074
E-Mail: publicrelations@littleleague.org
http://www.littleleague.org

Little League Baseball, Inc. provides a program of leadership through baseball and softball. The program teaches teamwork, sportsmanship, and fair play. The organization operates on an international, national, State, and local basis with regional headquarters, district administrations, and local leagues as part of its structure. The leagues provide baseball and softball programs, with an emphasis on participation instead of competition. All players on a team are required to participate in a set amount of time and a minimum number of innings during each game so that each child gets a chance to contribute. Ages 5 to 18 are served. Although the regular season for most leagues is in the spring and summer, training and development programs are offered year-round. The International Tournament begins about July 1 and ends in late August with the World Series that involves seven divisions. Youth, families, friends, businesses, sponsors, and public officials participate. All

programs are offered to any gender, race, creed, color, disability, and religion. Divisions are grouped by age and/or playing ability. The Challenger Division (ages 5 to 18) is for youth who are mentally or physically challenged. The playoffs offer children a chance to travel, meet new friends, see new places, and participate in a healthy and friendly athletic atmosphere. Average participation fee is between $20 and $60. Scholarships are available to those unable to pay. Publications include *World Series Program Rule Books, Little Leaguer Newsletter, Operating Manual,* and various pamphlets and booklets.

Mothers Against Drunk Driving (MADD)

Address: 511 E. John Carpenter Freeway, Suite 700, Irving, TX 75062
Telephone: (214) 744-6233
Fax: (972) 869-2206
E-Mail: hogan@madd.org
http://www.madd.org

MADD is a national organization established to stop drunk driving and support the victims of this violent crime. MADD has more than 550 chapters and community action teams working at the local level. There are 37 State offices and the national office is in Irving, TX. Youth services include resources for underage drinking and impaired driving information and statistics; local prom/graduation activities; a local and national poster ESSAY contest; and elementary, junior, and senior high school newsletters. Youth In Action teams are working on local environmental prevention strategies year-round. "Take the Lead" is a multimedia school assembly program serving junior and senior high school students. The Youth Leadership Power Camp is a regional program that operates during the summer months. Publications include *Unbelievable Truths About Being a Teenage Girl/Guy, Some Myths About Alcohol, Underage Drinking Issues, Myths and Facts About MADD,* and our newsletter series: *On Track, Right Track, and Inside Track.*

National Alliance for Youth Sports (NAYS)

Address: 2050 Vista Parkway, West Palm Beach, FL 33411
Telephone: (561) 684-1141, (800) 729-2057
Fax: (561) 684-2546
E-Mail: nays@nays.org
http://www.nays.org

The National Alliance for Youth Sports (NAYS) focuses on providing America's youth with a safe, fun, positive, and healthy experience in organized out-of-school sports. The Alliance conducts a variety of programs worldwide for volunteer coaches, parents, officials, administrators, and children involved in youth sports. The Hook a Kid on Golf program conducts week-long clinics in which children participate at no cost. Challenge Golf Leagues allow children to play in fun and competitive environments year-round. During the summer season the Hook a Kid on Golf program offers an introductory tee level clinic for 8- to 15-year-olds. START SMART is a year-long, worldwide program that teaches youth basic motor skills needed for smooth transition into organized sports. These programs are designed for youth between the ages of 3 and 15 years. More than 1 million youth coaches have been certified by Alliance's National Youth Sports Coaches Association and a child abuse prevention program has been implemented by Alliance's National Institute for Youth Sports Administrative Division. The NAYS produces a variety of publications for coaches, parents, youngsters, and youth league administrators.

National Black Child Development Institute (NBCDI)

Address: 1023 15TH Street, NW, Suite 600,
Washington, DC 20005
Telephone: 202-387-1281
Fax: 202-234-1738
E-MAIL: moreinfo@nbcdi.org
http://www.nbcdi.org

The National Black Child Development Institute (NBCDI) exists to improve and protect the quality of life of African American children and families. NBCDI has 43 affiliate chapters that work to protect and improve the lives of Black children through a mosaic of direct services. Composed of dedicated volunteers, the NBCDI affiliates can be found helping young African Americans develop and reach their full potential in urban and rural areas, and on college campuses. NBCDI carries out its mission through public awareness projects. NBCDI provides leadership training in early care and education, elementary and secondary education, child welfare, and health. Local affiliates offer school age children a variety of opportunities such as Spirit of Excellence: Each One, Reach One; a mentoring program that moves disadvantaged children from risk to resiliency by matching affiliate members with children who are at risk of school failure. Each One, Reach One engages mentors, parents, and members of the community in a concerted effort to strengthen a child's academic skill, self-esteem, and cultural awareness and pride. Eleven cities currently host the Spirit of Excellence: Each One, Reach One, and there is a resource catalog to support this effort. NBCDI publishes a variety of pamphlets and magazines that provides useful information on topics such as parenting, mentoring, African American heritage, and child health care. NBCDI also produces a calendar featuring photos of African American children and black history facts, which are available for sale.

National Council of Negro Women, Inc. (NCNW)

Address: 633 Pennsylvania Ave., NW,
Washington, DC 20004
Telephone: 202-737-0120
Fax: 202-737-0476
E-mail: bpdc@ncnw.com
http://www.ncnw.com

The National Council of Negro Women (NCNW) is dedicated to improving the opportunities available to, and the lives of, African American women, their families, and communities.

NCNW has both national and local youth activities. The national headquarters in Washington, DC, supports national initiatives, such as National African American Parent Involvement Day, and has local activities. NCNW's local chapters, called sections, are located across the country. Many provide youth services.

The Bethune Program Development Center (BPDC) coordinates the NCNW Mentor Program for students participating in the University of the District of Columbia's Saturday Academy. The Saturday Academy, a pre-college science and engineering program for Washington metropolitan area students in grades 4 through 8, offers a hands-on experience in electrical engineering and the mathematical and computer sciences. The Academy runs three sessions throughout the year (fall, winter, and summer). The NCNW Mentor program recruits and trains mentors to assist students with their educational, personal, and social development. During the past year, mentors have assisted students at Turner Elementary School in southeast Washington and Beacon House in northeast Washington.

NCNW's overall goal for its education programming is to maximize the personal, emotional, and academic growth and development of African American children through the

promotion and advocacy of responsible and effective educational programs.

The BPDC serves as a resource and clearinghouse to increase the capacity of communities to address the needs of African American women and their families, and to link families with neighborhood and community services. In order to strengthen NCNW's field service component, BPDC develops its products, public information, and advocacy materials that are designed to enhance the skills sets of community-based organizations and individuals. These materials are marketed to community-based organizations, NCNW sections, and affiliates. They are also marketed through partnership development and local collaborations. Through technical assistance and training, community-based organizations, NCNW affiliates. sections are supported to implement and apply their enhanced skills set toward improving the lives of African American women.

Parental involvement is encouraged in the NCNW Mentor Program and is key in NCNW's promotion of National African American Parent Involvement Day.

Most of NCNW's national and local programs are aimed at African American or low-income youth, and many are targeted at girls. Program services are provided at no cost.

Publications include materials on the 1997 National African American Parent Involvement Day and an information brochure on NCNW.

National Crime Prevention Council (NCPC)

Address: 1700 K Street, NW, Second Floor
Washington, DC 20006-3817
Telephone: 202-466-6272
Fax: 202-296-1356
E-Mail: webmaster@nlpl.org
http://www.weprevent.org

The National Crime Prevention Council (NCPC) helps people learn and reminds them how to protect themselves. NCPC works with local leaders to show them how to create and sustain strong, effective programs and policies for their communities. NCPC spreads its messages by conducting one of the most successful public service advertising (PSA) campaigns in the country. They use television, radio, print ads, and published materials to reach nearly every American with prevention advice, which teaches people that they and their communities don't have to be victims of crime. Every message shows adults and children how to change attitudes and behaviors, and spurs individuals to take action in their community. The PSA campaign is symbolized by McGruff the Crime Dog® and his "Take a Bite Out of Crime"® slogan. Recently the ads have introduced McGruff's young nephew Scruff® for children's media and the "Unete a la lucha contra el crimen"® campaign for Spanish-speaking audiences. NCPC assists communities by producing how-to documents on successful grassroots initiatives, trains thousands of community leaders and officials in cutting-edge crime prevention strategies, tests concepts to help everyone learn how to do more and do it better, builds on successful program models, and engages millions through extensive networks.

National Educational Service

Address: 1252 Loesch Road, Bloomington, IN 47408
Telephone: (812) 336-7700
Fax: (812) 336-7790
E-mail: nes@.nes.org
http://www.nes.org

National Education Service (NES) works with educators and youth services professionals to create environments in which all children and youth succeed. These services are available on a national and international

level. NES provides technical assistance to about 200 sites and 25,000 people annually. NES publishes an international journal and books, produces videotapes, and organizes and hosts conferences. Reconnecting Youth is a school-based curriculum that has a positive peer-culture approach to building life skills. This program serves youth between the ages of 13 and 19 and was chosen by the National Institute on Drug Abuse as one of the most effective in the United States. Building Cultural Bridges is a culturally competent program that operates similarly to Reconnecting Youth. The Reconnection Youth objectives are to reduce drug use, reduce the incidence of suicide, and increase mood control. All program objectives have been met, with a reported increase in student attendance and academic achievement. The curriculum is available at a fee of $139; training is also available. Currently the curriculum is at 1,400 sites across North America. Publications include a subscription-based journal, books, and videotapes.

National FFA

Address: 6060 FFA Drive, P.O. Box 68960, Indianapolis, IN 46268
Telephone: (317) 802-6060
Fax: (317) 802-6061
http://www.ffa.org

The National Future Farmers of America (FFA) makes a positive difference in the lives of students by developing the potential for premier leadership, personal growth, and career success through agricultural education. This national organization is chartered by Congress and has offices in 50 states and more than 7,200 local FFA chapters throughout the United States, Guam, Puerto Rico, and the Virgin Islands. Through conferences, camps, and conventions, members develop their leadership skills and grow personally. The organization and its services are designed for youth between the ages of 12 and 21. Through supervised agricultural experience (SAE), students gain hands-on experience in more than 200 career areas. FFA is open to everyone, and all programs and activities are offered to all members. There is a great variety of programs that focus on personal development of members, leadership enhancement, and public speaking. There are more than $1 million in scholarships available to members. FFA charges a $5.00 membership fee for the national organization.

National 4-H Council

Address: 7100 Connecticut Avenue, Chevy Chase, MD 20815
Telephone: (301) 961-2915
Fax: (301) 961-2894
E-Mail: phillips@fourhcouncil.edu
http://www.fourhcouncil.edu

This program builds partnerships for community youth development that value and involve youth in solving issues critical to their lives, their families, and society. 4-H offers national, State, and local programs with offices in all 50 States, the District of Columbia, Puerto Rico, Guam, and the Virgin Islands. 4-H programs exist in 3,150 counties across the United States and Puerto Rico. States and counties offer various programs and activities depending on their State and community needs. Children 5 to 19 years of age participate in the various programs and activities, which include leadership and environmental stewardship. National 4-H council programs are open to all citizens without regard to race, color, sex, handicap, religion, age, or national origin. Publications include an annual report and an informational brochure.

In fall 1997, the National 4-H Council launched the "Are You In To It?" campaign designed to involve 300,000 additional children in community service by the year 2000. Designed by kids for kids, this campaign incorporates survey data showing that youth are just

as interested as adults in volunteer activities. Parents and kids can get involved in the campaign by calling a toll-free number, 1-800-77-YOUTH, or by visiting the campaign's Web site, www.areyouintoit.com. Respondents will receive a campaign brochure detailing how they can participate in community service activities.

National Association of Police Athletic Leagues, Inc.

Address: 618 U.S. Highway 1, Suite 201, North Palm Beach, FL 33408
Telephone: (561) 844-1823
Fax: (561) 863-6120
E-mail: copnkid1@aol.com

The National Association of Police Athletic Leagues is a non-profit organization created to prevent juvenile crime and violence by providing education, training, and resources in sports and activities to local police athletic leagues (PAL) chapters across the country. Their services are national and include U.S. territories and Canada. Chapters provide national tournaments in baseball, basketball (girls and boys teams), boxing, and archery. This year the chapters held a youth festival and a national art contest. Ages 8 to 18 are served. The association believes that keeping kids active in sports and educational activities keeps them out of trouble. Police officers also act as mentors.

A quarterly newspaper with a readership of 170,000 and promotional pamphlets are published. Member chapters pay annual dues; most local chapters do not charge the children who participate in our programs.

National Recreation and Park Association

Address: 22377 Valmont Ridge Road, Ashburn, VA 20148
Telephone: (703) 858-0734
Fax: (703) 858-0707
E-Mail: info@nr.pa.org
WWW: www.nrpa.org

The National Recreation and Park Association (NRPA) advances parks, recreation, and environmental conservation efforts that improve the general quality of life. This national organization has over 5,000 agencies serving 85,000 sites across the country. The members are employed by local public park and recreation agencies. Four thousand NRPA members are citizen advocates who serve on park commissions of boards. Members provide a wide variety of youth services to all ages and socio-economic levels. Activities include sports, job training, academic assistance, cultural, and arts programs. The NRPA serves youth ages 5 through 18; the age range varies at the local level. Multiple programs are available including after school care, academic tutoring, cultural programs, and sports. Members offer a wide range of summer programs, including camps and nature programs. The members' programs vary depending on the needs and interests of their community. Many agencies encourage the unity of neighborhoods, celebrate ethnic diversity, and support family involvement. Each activity or program seeks different services and objectives. The agencies hope to expose youth to new opportunities, encourage active lifestyles, and provide developmental experiences that improve sense of worth and broaden horizons beyond one's community. Most member programs strive to develop social skills, build self-esteem and team skills, and provide safe

havens and healthy relationships with caring adults. Publications include *Public Recreation in High Risk Environments: Programs that Work*, and *Beyond 'Fun and Games': Emerging Roles of Public Recreation.*

North American Youth Sport Institute (NAYSI)

Address: 4985 Oak Garden Drive, Kernersville, NC 27284
Telephone: (910) 784-4926
Fax: (336) 784-5546
E-Mail: Jack@NAYS.com
http://www.NAYSI.Com

North American Youth Sport Institute (NAYSI) conducts in-service programs for youth leaders in fitness, recreation, education, sports, and health. Youth services include technical support and resource materials.

100 Black Men of America, Inc.

Address: 141 Auburn Avenue, Atlanta, GA 30303
Telephone: (404) 688-5100
Fax: (404) 688-1024
E-Mail: Net100AM@aol.com
http://www.100bm.org

Scholarship programs, educational development, health and wellness, and economic development opportunities are offered to youth ages 8 through 21 through 100 Black Men of America, Inc. Some of the chapters have employed boys-only programs. Youth are empowered to reach their fullest potential and to assume critical leadership roles in communities across the United States. Elementary, middle-school, and high school students benefit from the activities and services sponsored by the 100 chapters as a means to enhance their educational opportunities. The mission of the mentoring program is to provide well-trained mentors for children who are in at-risk situations by providing a "Window of Hope" and opening "Doors and Gates for Opportunity." The organization raises the awareness level of the target population concerning the importance of staying in school; maintaining good grades; staying healthy; staying drug-free; and setting realistic, attainable goals. The Trainers for Trainers course is provided for all 100 chapters. Mentees are selected or referred to the 100 Black Men chapters through churches and schools, and civic, social, private, and law enforcement agencies. Publications include *Investing in America's Greatest Resource...Our Youth* (conference registration guide), *Black Men of America Stand Proud!* (mini-poster), *100 Society* (booklet), *Repairing the Breach* (monograph), and the *1000 Black Men of America, Inc., Communications Handbook.*

One to One: The National Mentoring Partnership

Address: 2801 M Street, NW, Washington, DC 20007
Telephone: (202) 338-3844
Fax: (202) 338-1642
http://www.mentoring.org

One to One: The National Mentoring Partnership—an advocate for the expansion of mentoring and a resource for mentors and mentoring initiatives nationwide—is committed to doing whatever it takes to connect young people with caring and committed adult mentors who will listen to them, stand by them, and help them develop to their fullest potential. Two statewide mentoring partnerships and 14 local mentoring partnerships work in communities to educate young people and adults about mentoring and refer them to mentoring organizations. Mentoring partnerships also expand mentoring opportunities by advocating for mentoring, distributing information and products on mentoring, supporting mentoring providers (civic organizations, businesses, communities of faith, schools, and mentoring

agencies), recruiting mentors, and linking mentoring with economic self-sufficiency activities. Mentoring partnerships focus on young people between the ages of 10 and 17. They offer activities year-round. Mentoring partnerships refer young people to a wide variety of organizations, which may be specific to gender, ethnicity, or religious affiliation. The extent of parental and familial involvement varies. A listing of publications is available.

Optimist International

Address: 4494 Lindell Blvd., St. Louis, MO 63108
Telephone: (314) 371-6000
Fax: (314) 371-6006
E-Mail: DLockOI@aol.com
http://www.optimist.org

Optimist International provides leadership and service opportunities to youth through Optimist Club (OC) activities and service projects. Optimist Youth Clubs have four different club levels from elementary school through college. These promote leadership and community service opportunities year-round. Clubs are located throughout North America and OC administers the following internationally sanctioned programs:

- Optimist International Junior Golf Championship in which winners of district feeder tournaments compete each year in July (within their specific age group).
- Communications contest in which students compete at multiple levels to earn college scholarships. Competition choices include a speech contest, an essay contest, and a communications contest for the deaf and hearing impaired.
- Safety on Wheels campaign, a public education program promoting child safety for children who ride in any vehicle, and who use recreational items such as bikes, skateboards, or in-line skates.
- Respect for the Law and Day of Non-Violence, a week-long public awareness campaign held in May.
- Youth Appreciation Week in which clubs offer special recognition to deserving youth in their local communities during a week in November.

The speech and essay contests, communications contests for the deaf and hearing impaired, and the Junior Golf Championship offer age and gender-specific competition. Each program and service is designed to provide opportunities for self-improvement, confidence, and professional skills development for young people. The outcome of these programs is that massive, positive outreach is conducted with children and teens across North America. Publications include *The Optimist Difference...It's All in Our Name* brochure, and the *How to Do Community Service and Fund-Raising Projects That Rock!* guide.

Outward Bound

Address: National Headquarters, Route 9D, R2 Box 280, Garrison, NY 10524-9757
Telephone: (914) 424-4000
Fax: (914) 424-4280
E-Mail: national@outwardbound.org
http://www.outwardbound.org

Outward Bound conducts safe, adventure-based programs structured to inspire self-esteem, self-reliance, concern for others, and care for the environment. There are currently five wilderness schools across the country and two urban centers. Many schools participate in our Expeditionary Learning program. Outward Bound implements its education and social goals by providing leadership in experience-based programs, offering courses in schools, conducting demonstration projects, and helping others apply Outward Bound

principles. The programs are tailored to adolescents and adults ages 14 and up. The courses help enhance the self-respect of the participants by accomplishing tasks once thought impossible, improving interpersonal skills, developing environmental awareness, and exploring personal values.

Points of Light Foundation

Address: 1737 H Street, NW
Washington, DC 20006
Telephone: (202) 223-9186
Fax: (202) 223-9256
E-mail: cosoffin@aol.com
http://www.pointsoflight.org

The mission statement of the Points of Light Foundation is to engage more people more effectively in volunteer community service to help solve serious social problems. The Foundation works in communities across the United States through a network of over 500 volunteer centers. The Foundation partners with corporations and nonprofit and government agencies to raise public awareness and provide meaningful service and leadership for volunteers. The Foundation provides technical assistance, training, consulting, information-sharing, research, and advocacy on behalf of youth service, service learning, and youth leadership. Ages 5 to 24 are served. Year-round program activities offered include Youth Engaged in Service (YES) Ambassador Program, Communities as Places of Learning, and Today's Heroes. The Foundation provides training and consulting services on a variety of topics related to youth service, service learning, and youth leadership. The Foundation can provide a resource packet on specific topics, phone consultation, and on-site training. A catalog is available that contains many resources for volunteer management in nonprofits, youth service, and business.

PONY Baseball and Softball

Mailing Address: P.O. Box 225, Washington, PA 15301
Street Address: 300 Clare Drive, Washington, PA 15301
Telephone: (412) 225-1060
Fax:: (412) 225-9852
E-Mail: pony@pulsenet.com
http://www.pony.org

The PONY Baseball and Softball program is designed to "Protect Our Nation's Youth" by providing experience in organized baseball and girls softball that will help young people grow into healthier and happier adults. Exposure to both victory and defeat can help young people cope with the highs and lows of life, helping them to deal with stress in a positive manner. One goal of PONY Baseball and Softball is to teach people to respect duly-appointed authority. This international organization operates at a local level with youth ages 5 through 18. Baseball programs serve both male and female players; softball programs serve female players. PONY's objective is to instill in youth ideals of good sportsmanship, honesty, loyalty, courage, and reverence so they will become finer, stronger, and happier adults. PONY believes that if you teach children to play by the rules they will live by the rules. Leagues are formed within communities. Publications include the *PONY Express* newspaper, *Would You Play Ball with Half a Baseball* promotional brochure, *Five Decades of PONY Baseball Softball, The PONY Baseball Softball Story* pamphlet, and the *PONY Baseball/Softball Bluebook* ($4.00).

Quest International

Mailing Address: PO Box 4850, Newark, OH 43058-4850
Street Address: 1984 Coffman Road, Newark, OH 43055
Telephone: (614) 522-6400
Fax: (614) 522-6580
E-Mail: joycequest@aol.com
http://www.quest.edu

Quest International empowers, encourages, and supports adults throughout the world to nurture responsibility and sharing in young people where they live, learn, and work. The programs and staff development services are available around the United States and have been adapted and translated for use in 31 countries. Quest creates and disseminates life skills, character development, violence and substance abuse prevention, and service-learning initiatives that serve young people ages 5 to 19. These include school and community-based programs, training, educational materials, and support services. Programs and adult training are available year-round.

The Salvation Army

Mailing Address: P.O. Box 269, Alexandria, VA 22313
Street Address: 615 Slaters Lane, Alexandria, VA 22313
Telephone: (703) 684-5530
Fax: (703) 519-5889
E-Mail: Major Linda E. Manhardt/usn/sarmy@usnsa
http://www.salvationarmyusa.org

The Salvation Army is an international movement and the evangelical arm of the Universal Christian Church. The Army's message is based on the Bible and its ministry is motivated by a spiritual love of God. The goal of the Salvation Army is to preach the gospel of Jesus Christ and to meet human need at the same time, without discrimination. Local units operate under the supervision of divisional headquarters which may include States, portions of large States, or combinations of smaller States. Divisions are accountable to one of four geographic territories in the United States, and are coordinated by the national headquarters. Youth services are provided locally using local, divisional, territorial, and nationally sponsored programs. Services include religious programs, character building programs, recreational activities, day care, and latchkey programs. Depending on the local unit, programs are available for infants through adults. Summer programs include day camps, residential camps for underserved children, and the Salvation Army youth program. Sunbeam Camp is for girls in grades 1-5; Girl Guard Camp is for girls in grades 6-12. Adventure Corps is for boys in grades 1-12. Music camps are coeducational and include brass and vocal instruction. Fresh Air Camps are recreational programs for inner city, rural, and underserved children and adolescents. These camps offer children relief from their urban environment and an opportunity to experience nature, friendship, fellowship, and character development activities. Nutritional needs are often included in the program. Publications include *What Is the Salvation Army?* pamphlet; *What You Should Know About the Salvation Army* pamphlet; *Doctrines/Mission Statement/History* pamphlet; and *The War Cry* periodical.

Save the Children/U.S.

Address: 1620 I Street, Suite 202 Washington, DC 20006
Telephone: 202-530-4371
Fax: 202-293-4167
E-Mail: DTY@DC.savechildren.org
http://www.igc.apc.org/ia/mb/stc.Html

Save the Children is an international program that helps people learn to help

themselves through projects that address interrelated problems and promote self-sufficiency. Save the Children especially focuses on early childhood education, preventive health care, and economic opportunities, including sustainable agriculture and natural resource management, and family support. Women are a major focus of Save the Children work. Through their multiple roles as economic producers, primary caregivers, and community managers, women play a leading role in children's development. Save the Children programs endeavor to increase women's options to break inter-generational cycles of poverty and assure a better quality of life for future generations.

Individual adults and corporations can donate funding to Save the Children for programs and services that will benefit sponsored children and all other children in specific communities.

Sertoma International

Address: 1912 East Meyer Blvd. , Kansas City, MO 64132
Telephone: (816) 333-8300
Fax: (816) 333-4320
E-Mail: infosertoma@sertoma.org
http://www.sertoma.org

Sertoma International is an organization serving people with communicative disorders. Sertoma, an acronym for SERvice TO MAnkind is a civic organization that raises about $20 million annually through local fundraisers. The organization's main focus is educating the public about communicative disorders and helping people whose lives are affected by them. The organization is international with youth clubs in the United States, Canada, and Mexico. Sertoma has developed a youth club program for its adult service club chapters. Serteen clubs can be school or community-based and members range in ages 12 to 18. These clubs require a local Sertoma club sponsor. Publications include *You and Sertoma* pamphlet, and *Do Her Future a Favor* pamphlet.

Special Olympics International

Address: 1325 G Street, NW
Suite 500
Washington, DC 20005
Telephone: (202) 628-3630
Fax: (202) 824-0200
E-Mail: specialolympics@msn.com
http://www.specialolympics.org

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for people 8 years of age and older with mental retardation. The program gives them continuing opportunities to develop physical fitness; demonstrate courage; experience joy; and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympic athletes, and the community. Special Olympics is a global movement: there are Special Olympics Programs in 146 countries. Specific programs include Unified Sports, which combines athletes with and without mental retardation to participate in sports such as soccer, volleyball, and bowling. Our Partners Club program involves high school students who volunteer their time regularly to help Special Olympic athletes practice their sport skills. Youth can volunteer for any of our programs during any time of the year. Athletes must be 8 years or older and volunteers under 18 will have supervision. Family members and friends are welcome to get involved. Our goal is for all persons with mental retardation to have the chance to become useful and productive citizens who are accepted and respected in their communities. Participation is free. Several brochures are available.

Teens, Crime, and the Community (TCC)

Mailing Address: National Crime Prevention Council, 1700 K Street, NW, Second Floor, Washington, DC 20006-3817
Telephone: (202) 466-6272
Fax: (202) 296-1356
E-Mail: tcc@ncpc.org
http://www.nationaltcc.org

Teens, Crime, and the Community (TCC) combines education and action to reduce the high level of teen victimization. TCC utilizes the strengths of young people, educating them about crime and its effects, and providing the opportunity for them to serve their communities through action projects that they design and complete. By introducing "outside resource people" (such as community leaders, law enforcement officers, small business owners, crime survivors, and professionals) to youth as allies in the learning process, TCC strengthens bonds between youth and adults in the community. The program was created by the National Crime Prevention Council and the National Institute for Citizen Education in the Law and is currently funded on the national level by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, Department of Justice. TCC is currently utilized in 40 States that provides educators, community workers, and juvenile justice staff with a proven framework for engaging teens locally in the process of crime prevention and community building. The program serves as the national backbone for a network of loosely related TCC programs in diverse settings across the Nation. Youth ages 12 to 18 learn about crime and its effect on communities through the TCC curriculum and then use this knowledge to design and complete action projects for the community. TCC is used as a stand-alone program or class, and is also infused into existing programs and school curricula. TCC is used to supplement summer curricula in some school districts and community programs. It has been effective in juvenile justice facilities; it is applied in rural, urban, and suburban areas; and portions of the curriculum have been successfully translated for Spanish speaking youth. Typical action projects might include park beautification, graffiti removal, drug education campaigns, and senior citizen pal programs. These programs bind youth to their community in a positive way. Thousands of action projects have been designed and completed by teens across the United States.

A basic TCC program will use an implementation guide, at least one set of classroom textbooks, and a teacher's manual. Cost of materials for action projects vary and can be offset by donations from local businesses and groups. Publications include:

- *Teens, Crime, and the Community* textbook
- TCC teacher's manual and transparencies
- TCC testbank
- TCC community setting materials kit
- TCC implementation guide
- Monographs on application of TCC in rural communities, juvenile justice facilities, Boys and Girls Clubs, and community settings
- *Reach and Teach Your Peers* handbook
- *Charting Success* (workbook)
- *Youth In Service* newsletter
- TCC trainer manual
- TCC information packet, brochure, and booklet
- TCC poster
- *Smarter Teens, Safer Communities* videotape
- *This Is How We Do It!* videotape and guide

- *Watch Out/Help Out Week* planning kit
- *We Can Work it Out!* guide to problem solving and mediation textbooks.

United National Indian Tribal Youth (UNITY)

Address: P.O. Box 25042, Oklahoma City, OK 73125
Street Address: 500 North Broadway, Suite 250, Oklahoma City, OK 73102
Telephone: (405) 236-2800
Fax: (405) 971-0171
E-mail: unity@unityin.org
http://www.unityinc.org

This project fosters spiritual, mental, physical, and social development of American Indian and Alaska Native youth and helps build a strong, unified Native America through involvement of its youth. This is a national organization with 170 youth councils in 30 States. Youth services include leadership training to Native youth ages 15-24 years. Year-round activities include various seminars, training, and campaigns. Summer programs include the National UNITY Conference, the largest Native youth gathering in the United States, and the Andy Payne Foot Races. Youth, adult advisors, and various Native American tribal representatives are involved in these programs. UNITY publishes a variety of informational and educational pamphlets, a quarterly newsletter, fact sheets, posters, and fliers. *Give It Your Best* is a collection of profiles of successful Native American athletes.

United States Tennis Association (USTA)

Address: Youth Tennis Department, 70 West Red Oak Lane, White Plains, NY 10604
Telephone: (914) 696-7000
Fax: (914) 696-7167
E-Mail: info@usta.com
www.usta.com

The United States Tennis Association (USTA) promotes and develops the growth of tennis at the local level through 17 sectional offices around the United States. The USTA provides a wide array of youth services via the youth tennis programming and scholarship program. USTA programs and services include the USTA Schools Program, Play Tennis America for Kids, USTA National Junior Tennis League, USTA Junior Tennis Team, non-elimination tournaments, USTA-sanctioned tournaments, Local Excellence Programs Star Search, area training centers, the U.S. National Team, and scholarships through the USTA Tennis Foundation. The primary age group served is 8 to 18. The USTA Schools Program services grades K through 12. Almost all of the programs are administered year-round. Popular programs and events during the summer months include Play Tennis America for Kids, the USTA National Junior Tennis League, and the USTA Junior Team Tennis. Parent participation is increasing and includes coaching, team management, and general volunteering. The USTA implements its Minority Participation Program/Initiative. The initiative's mission is to develop program awareness, new program initiatives, and program continuity which will substantially increase minority participation among recreational and competitive players, volunteers, industry professionals, and administrators. There are no gender-specific programs. The program attracts more young people to tennis from every background and keeps them interested

in playing the sport. Young players are afforded the opportunity the reach their maximum potential. The cost of the program varies depending on the level of commitment and involvement. Publications include *Recreational Tennis*(pamphlet), *Get in the Game USTA School Programs* (pamphlet), *Get in The Game National Junior Tennis League* (pamphlet),*Get in The Game USTA Junior Tennis Team* (pamphlet), *Minority Participation Initiative* (pamphlet), *Play Tennis America!* (pamphlet), *Tennis Publications 1997* (catalog), *Topspin* (junior tennis magazine), and the *United States Tennis Association 1996* (report).

WAVE, Inc.

Address: 501 School Street, SW, Suite 600, Washington, DC 20024
Telephone: (202) 484-0103
Fax: (202) 488-7595
E-Mail: WAVE4KIDS@aol.com
WWW: http//www.ymca.net

The mission of WAVE is to support teachers and youth development professionals in schools and community organizations by providing adaptable teaching strategies, training, and program models that help both youth and instructors to succeed. This is a national organization with 205 local program affiliates. WAVE produces the Experiential Curriculum for grade levels 7 through 12. Services offered include youth leadership development programs, community services programs, and work experience opportunities. These services are geared to youth between the ages of 10 and 21 years. The year-round activities include an in-school dropout prevention program, school-to-work transitioning, and an out-of-school youth employment training project. Specific culturally competent activities include the diversity training and life skills for single parents programs. Fees range from $50 to $150 per youth served. Publications include *Menu of Curricula for Grades 7-12, Operations Manuals for Programs,* and *Business Involvement Programs.*

World Cheerleading Association (WCA)

Address: 10555 Rene, Lenexa, KS 66215
Telephone: 1-888-832-6922
Fax: (913) 469-1656
E-Mail: markfrench@sprintmail.com
WWW: http://www.worldcheerleading.com

The WCA provides cheerleading education for today's youth, affording them the opportunity to understand the skill, as well as the responsibilities required to be a role model. The WCA operates summer cheerleading camps across the country at both local middle schools and high schools, as well as universities. The regional competitions are held in the fall and national competitions are held in Nashville, TN, in December. There is a pee-wee division serving children in grades 1 through 6 at the national competitions. The regular camps and competitions are geared to 6th through 12th graders. Youth and their coaches, advisors, families, and friends are invited to attend the final day of each competition. The majority of participants are female, but some boys do participate. Self-esteem, positive attitude, healthy nutrition, and a good appearance are stressed at all WCA programs. Each participant is expected to leave the program with an understanding of the many responsibilities and skills required to be a cheerleader. Camp charges range from $30 and $215.

YMCA of the USA

Address: 101 N. Wacker Drive, Chicago, IL 60606
Telephone: (800) 872-9622
Fax: (312) 977-9063
E-Mail: gallo@ymcausa.org

The goal of the YMCA of the USA is to put principles of Christianity into practice through programs that build healthy spirit, mind, and body for all. The national office serves 2,197 local YMCAs across the United States.

YMCAs work to meet the health and social needs of 14.8 million men, women, and children. Each YMCA offers its own programs, depending on the surrounding community's needs. General programs offered include aquatics, health and fitness, community development, active older adults, childcare, and camping. Publications can be ordered through the YMCA program store at 1-800-747-0084.

YWCA of the USA

Address: 350 Fifth Avenue, Suite 301, New York, NY 10118
Telephone: (212) 273-7800
Fax: (212) 465-2281
E-Mail: HN2062@handsnet.org
WWW: http://www.ywca.org

The YWCA of the USA empowers women and girls and strives to eliminate racism. This is a national organization with more than 360 member organizations in 4,000 communities nationwide. The youth services offered by the YWCA include leadership development, comprehensive sexuality education, pregnancy prevention, career exploration, health and sports programs, substance abuse prevention, racial justice education, and girls and technology programs. Girls between ages 9 and 18 are served. The YW-Teens is a leadership and community action club. PACT is a peer education in sexuality and health group. YWCA/NIKE Sports Program organizes and sponsors athletic activities. YWCA programs are offered year-round, with many programs limited to girls only. The YWCA strives to build the intrinsic precepts of racial justice and education into the core of each and every program and service. The programs are designed to help girls and young women create opportunities for education and leadership development. Girls can attain leadership skills and position in their communities. Some girls participate in national youth activities, such as the First National Girls Conference at UNICEF House, or on the national youth boards or advisory councils. Publications include *A Voice for Change: YWCA of the USA Annual Report, PACT: Peer Education in Sexuality and Health* (brochure and manual, *YWCA/NIKE Sports Program Basketball 1996* booklet; *Youth Development in the YWCA: Goals and Issues* booklet, *Interchange* newsletter, and *YWCA* information brochure.

Youth As Resources (YAR)

Address: 1700 K Street, NW, Suite 801, Washington, DC 20006-3817
Telephone: (202) 466-6272
Fax: (202) 785-0698
E-Mail: nagorski@ncpc.org
http://www.yar.org/

Youth As Resources (YAR) is dedicated to connecting youth positively to their communities and to improving community life nationally and internationally through the spread of youth-led service initiatives. YAR is a network of local programs that provide small grants to young people to design and implement service programs. Community boards of youth and adults solicit and evaluate proposals from local youth. These proposals must demonstrate a clear community need and feature youth as the key leaders and decisionmakers in implementing their idea. YAR is a nationwide network of local, community-based programs in 40 communities across the United States, as well as Canada, Poland, and New Zealand. Youth serve as active members of the community boards, which evaluate the proposals. Youth ages 5 through 21 participate in this year-round program. YAR works in all types of settings and accommodates a variety of special situations and needs. The Center for Youth As Resources (CYAR) has successfully implemented YAR in three distinct environments: in juvenile correctional settings, in schools as a service-learning strategy, and in public housing communities. YAR sends a clear message to children and adolescents that they are important

problem-solvers who have vital contributions to make to society. When youth get involved in these projects, they feel a sense of connection, civic responsibility, and self-worth. In urban public housing neighborhoods, for example, youth are reigniting hope and an ethic of community self-help.

Publications include Youth As Resources Information Packet, *Outlook* newsletter, *The PowerWithin* videotape, *The Power to Change* videotape, *Changing Our Course* program start-up manual, and *Changing Perspectives* booklet.

The National Organizations section was compiled from information provided by those organizations that focus on youth activities. If you would like your organization to be considered for our next edition, we'd like to hear from you. To be considered, your organization must provide positive activities for youth on a national basis. Your organization's programs must engage youth in skill building and in activities that help promote their growth and teach them constructive, healthy ways to enjoy their free time. Please send the information to the Substance Abuse Resource Guide Editor, SAMHSA's National Clearinghouse for Alcohol and Drug Information (NCADI), P.O. Box 2345, Rockville, MD 20847-2345.

National Prevention Groups

Al-Anon/Alateen Family Group Headquarters, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454
757-563-1600
757-563-1655 fax
800-344-2666 (U.S.)
800-356-9996 (U.S.)
800-443-4525 (Canada)

Alcoholics Anonymous World Services, Inc.
475 Riverside Drive, 11th Floor
New York, NY 10115
212-870-3400
212-870-3003 fax
www.AA.org

American Council for Drug Education
164 West 74th Street
New York, NY 10023
800-488-DRUG
212-595-5810 ext. 1860
212-595-2553 fax

American Youth Work Center
1200 17th Street NW, 4th Floor
Washington, DC 20036
202-785-0764
202-728-0657 fax
E-mail: HN2759@HANDSNET.org

Center on Addiction and Substance Abuse at Columbia University (CASA)
152 West 57th Street
New York, NY 10019
212-841-5200
212-956-8020 fax
www.CASACOLUMBIA.org

Community Anti-Drug Coalitions of America (CADCA)
901 North Pitt Street
Suite 300
Alexandria, VA 22314
800-54-CADCA
703-706-0560
703-706-0565 fax
E-mail: scoleman@CADCA.org

Families Anonymous
P.O. Box 3475
Culver City, CA 90231-3475
800-736-9805
E-mail: FAMANON@earthlink.net
http://home.earthlink.net/~FAMANON/index.html

Join Together: A National Resource for Communities Fighting Substance Abuse
441 Stuart Street, Seventh Floor
Boston, MA 02116
617-437-1500
617-437-9394 fax
E-mail: info@jointogether.org
www.jointogether.org

Nar-Anon Family Groups
P.O. Box 2562
Palos Verdes Peninsula, CA 90274
310-547-5800

Narcotics Anonymous
P.O. Box 9999
Van Nuys, CA 91409
818-773-9999
818-700-0700 fax
E-mail: info@wsoink.com
www.wsoink.com

National Association of Teen Institutes
433 Metairie Road
Suite 306
Metairie, LA 70005
504-834-4357

National Clearinghouse for Alcohol and Drug Information (NCADI)
P.O. Box 2345
Rockville, MD 20847-2345
800-729-6686
800-487-4889 TDD

National Clearinghouse on Families and Youth
P.O. Box 13505
Silver Spring, MD 20911-3505
301-608-8098
301-608-8721 fax
E-mail: info@NCFY.com
www.acf.dhhs.gov/programs/50fyb/programs/NCFY.htm

National Collaboration for Youth
1319 F Street NW, Suite 601
Washington, DC 20004
202-347-2080

National Council on Alcoholism and Drug Dependence, Inc. (NCADD)
12 West 21st, 7th Floor
New York, NY 10017
800-NCA-CALL

National Criminal Justice Reference Service (clearinghouse for Office of Juvenile Justice and Delinquency Prevention)
P.O. Box 6000
Rockville, MD 20849-6000
800-851-3420
301-519-5500
301-519-5212 fax
E-mail: look@njrs.org
www.njrs.org

National Family Partnership
11159-B South Towne Square
St. Louis, MO 63123-7824
314-845-1933

Students Against Destructive Decisions (SADD)
P.O. Box 800
Marlboro, MA 01752
508-481-3568
800-886-2972

U.S. Department of Education
Drug-Free Schools State and Local Grants Program
600 Independence Avenue, SW
Room 604
Washington, DC 20202-6123
202-260-3954

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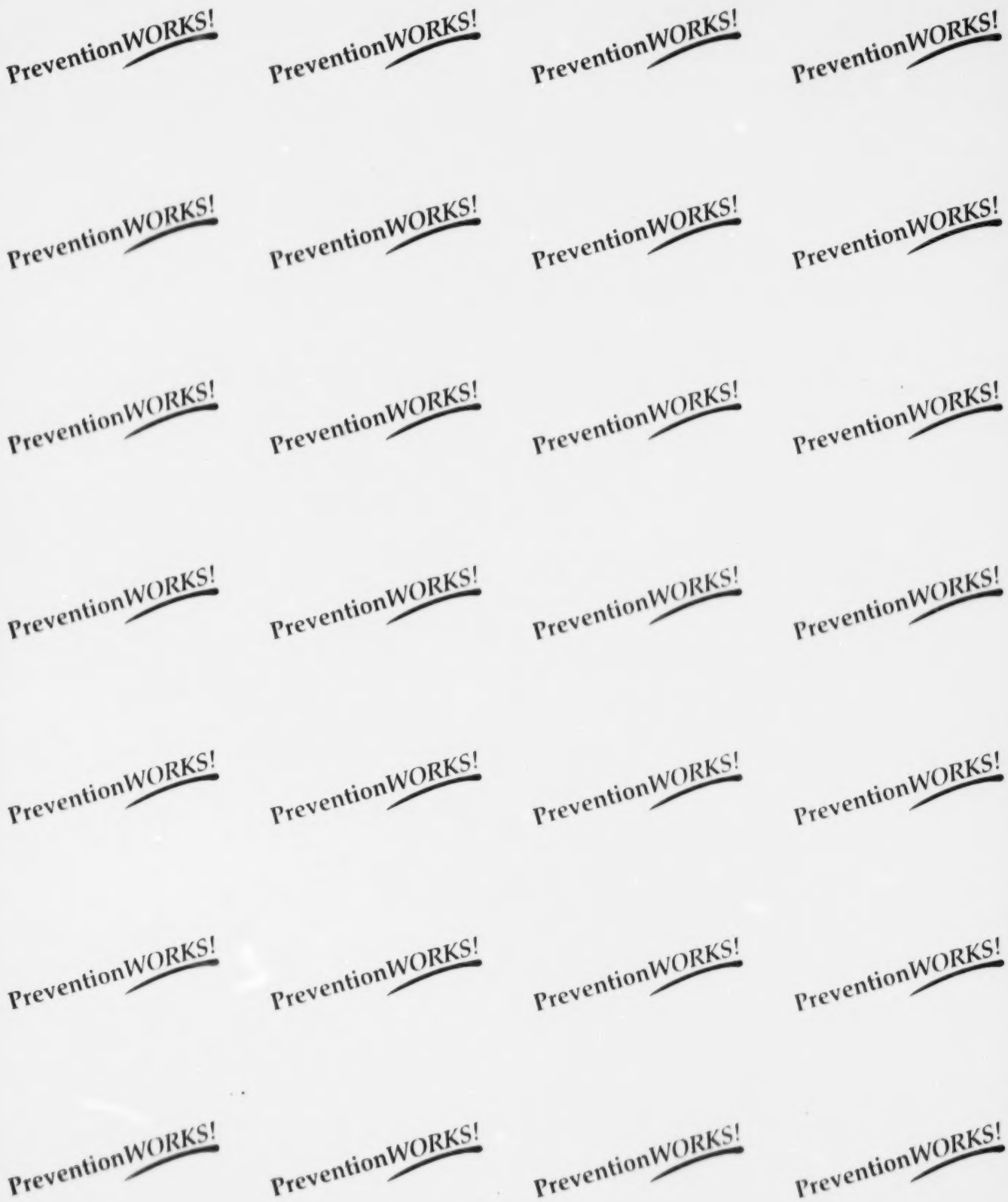

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